



Information about the course

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 280104 **Name:** Native Sports and Games

Credits: 6,00 ECTS **Year:** 1 **Semester:** 2

Module: 2) Obligatory Formation module

Subject Matter: Sports Fundamentals **Type:** Obligatoria

Branch of knowledge: Health Sciences

Department: Physical-Sports Disciplines and Activities

Type of learning: Classroom-based learning

Language/-s in which it is given: Spanish

Teachers:

1163DG	<u>Francesc Soro Juan</u> (Profesor responsable)	francesc.soro@ucv.es
281A	<u>Lluís Ramos Santamaria</u> (Profesor responsable)	lluis.ramos@ucv.es
281B	<u>Jose Vicente Sánchez-Alarcos Díaz-Pintado</u> (Profesor responsable)	jvicente.sanchez@ucv.es
281C	<u>Lluís Ramos Santamaria</u> (Profesor responsable)	lluis.ramos@ucv.es
281D	<u>Lluís Ramos Santamaria</u> (Profesor responsable)	lluis.ramos@ucv.es
281X	Arnau Oliver Peretó (Profesor responsable)	arnau.oliver@ucv.es



Module organization

2) Obligatory Formation module

Subject Matter	ECTS	Subject	ECTS	Year/semester
Manifestations of human motor skills	18	Body Language	6	1/1
		Perceptual Motor Skills	6	1/2
		Physical Activity in Nature	6	2/2
Sports Fundamentals	42	Adapted Sport and Inclusive Physical Activity	6	2/2
		Adversary Sports	6	2/1
		Individual Sports	6	2/1
		Motor Learning and Development	6	1/1
		Native Sports and Games	6	1/2
		Team Sports	6	2/2
		Training Theory and Practice in PA	6	2/2



Learning outcomes

Al finalizar la asignatura, el estudiante deberá demostrar haber adquirido los siguientes resultados de aprendizaje:

R19 - Describe and identify the internal and external logic of different Valencian autochthonous games and the specialties of Valencian pilota (a traditional ball game), analyzing their functional structure and sociocultural elements.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

Type of AR: Competencias

- Fluently develop procedures and protocols to solve unstructured, unpredictable and increasingly complex problems, articulating and displaying mastery of the elements, methods, processes, activities, resources and techniques that make up basic motor skills, physical activities, sports skills, play, expressive bodily and dance activities, and activities in nature in an appropriate, efficient, systematic, varied and methodologically integrated way for the entire population and with emphasis on special populations such as: older people (seniors), schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and/or prescribed by a doctor), taking into account gender and diversity and in any sector of professional intervention of physical activity and sport (formal and informal physical education -sports; physical and sports training; physical exercise for health; direction of physical activity and sports).



R20 - Develop and practically describe the structures of traditional, popular games, and Valencian pilota, considering the teaching-learning process across different ages and contexts, with attention to diversity.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
 - Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
 - Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
 - Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
 - Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).
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Type of AR: Competencias

- Fluently develop procedures and protocols to solve unstructured, unpredictable and increasingly complex problems, articulating and displaying mastery of the elements, methods, processes, activities, resources and techniques that make up basic motor skills, physical activities, sports skills, play, expressive bodily and dance activities, and activities in nature in an appropriate, efficient, systematic, varied and methodologically integrated way for the entire population and with emphasis on special populations such as: older people (seniors), schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and/or prescribed by a doctor), taking into account gender and diversity and in any sector of professional intervention of physical activity and sport (formal and informal physical education -sports; physical and sports training; physical exercise for health; direction of physical activity and sports).
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R21 - Design and implement tasks and sessions to develop various capacities and skills specific to traditional-popular games, with a special focus on Valencian pilota, considering diversity in different ages and contexts.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

Type of AR: Competencias

- Fluently develop procedures and protocols to solve unstructured, unpredictable and increasingly complex problems, articulating and displaying mastery of the elements, methods, processes, activities, resources and techniques that make up basic motor skills, physical activities, sports skills, play, expressive bodily and dance activities, and activities in nature in an appropriate, efficient, systematic, varied and methodologically integrated way for the entire population and with emphasis on special populations such as: older people (seniors), schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and/or prescribed by a doctor), taking into account gender and diversity and in any sector of professional intervention of physical activity and sport (formal and informal physical education -sports; physical and sports training; physical exercise for health; direction of physical activity and sports).



R22 - Investigate and Interpret the Local Environment in Relation to Traditional-Popular Games and Sports: Pay special attention to the specialties of Valencian pilota (a traditional ball game).

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

Type of AR: Competencias

- Fluently develop procedures and protocols to solve unstructured, unpredictable and increasingly complex problems, articulating and displaying mastery of the elements, methods, processes, activities, resources and techniques that make up basic motor skills, physical activities, sports skills, play, expressive bodily and dance activities, and activities in nature in an appropriate, efficient, systematic, varied and methodologically integrated way for the entire population and with emphasis on special populations such as: older people (seniors), schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and/or prescribed by a doctor), taking into account gender and diversity and in any sector of professional intervention of physical activity and sport (formal and informal physical education -sports; physical and sports training; physical exercise for health; direction of physical activity and sports).



Assessment system

Modalidad presencial

Assessed learning outcomes	Granted percentage	Assessment tool
R19, R20, R21	20,00%	Written and/or practical tests.
R19, R20, R21, R22	40,00%	Individual or Group Work / Project.
R19, R20, R21, R22	20,00%	Exercises and Practices in the Classroom.
R19, R20, R21, R22	20,00%	Oral tests or presentation.

Observations

- The student will be able to keep the evaluation instruments passed during the 3 years following the first registration as long as he/she has obtained the minimum percentage of attendance established in this document (80% of practical sessions and 70% of the total number of sessions).
- It is necessary to obtain a 50% in the following evaluation instruments to pass the course:
Individual or Group Work/Project
Written and/or practical tests
Oral tests or exposition
- According to article 4.2. of the Guidelines for Evaluation at UCV, the limit of absences that may be due to eventualities (medical consultation, bureaucratic procedures...) that do not have to be justified, is 30%.
- Attendance to all practical sessions indicated in the schedule is compulsory. Additionally for this subject, in case of not attending 80% of these, the student will fail the two calls of the course, having to recover them in the following enrollment.



- In case of not complying with any of these criteria, the student will be graded with a maximum of 4.5.

SPECIFICATIONS OF THE EVALUATION INSTRUMENTS

Individual/group work/project

Individual and/or group work: from 1 to 5 components (depending on the number of students). The projects will be:

Project 1 "Design sessions" (10%) Project 2 "Departures" (20%) Project 3 "Elaborate work of free choice" (10%). It will be necessary to obtain at least 50% in each of the projects for this section to be considered approved.

Written and/or practical tests

The exam consists of a single final test on the dates of the official call and may consist of one of these sections or include several of them:

Multiple-choice exam: 4 answer options. The standard penalty system will be 1 wrong subtract 33.3%. Short questions. Development questions. Practical questions.

Exercises and practices in the classroom

Participate and perform actively and with excellence in the tasks of classroom practices, practical classes and autonomous work, in addition to uploading within the stipulated deadlines to the platform.

Oral tests or exposition

Oral exposition of Project 1 indicated in the "Individual/group work/project" section. The project will be:

Project 1 "Exhibition of practical sessions".

The detailed explanation (procedure of the tasks) as well as the evaluation instruments (cards or rubrics) of each section will be published on the platform of each group at the student's disposal.

Actividades formativas

The methodologies to be used so that the students reach the expected learning outcomes will be the following:

- M2 Resolution of problems and cases.
- M3 Discussion in small groups.
- M5 Presentation of content by the teacher.
- M6 Practical lesson.



M7 Group dynamics and activities.

IN-CLASS TRAINING ACTIVITIES

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom.	R19	Resolution of problems and cases. Presentation of content by the teacher. Group dynamics and activities.	16,00	0,64
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity.	R20, R21	Resolution of problems and cases. Discussion in small groups. Practical lesson. Group dynamics and activities.	34,00	1,36
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project.	R19, R20, R21, R22	Resolution of problems and cases. Group dynamics and activities.	4,00	0,16
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works.	R19, R20, R21, R22	Discussion in small groups.	6,00	0,24
TOTAL			60,00	2,40



TRAINING ACTIVITIES OF AUTONOMOUS WORK

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring.	R19, R20, R21, R22	Resolution of problems and cases. Group dynamics and activities.	40,00	1,60
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces.	R19, R20, R21, R22	Resolution of problems and cases.	50,00	2,00
TOTAL			90,00	3,60



Description of contents

Descripción de contenidos necesarios para la adquisición de los resultados de aprendizaje.

Theoretical content:

Block of content	Contents
BLOCK 1	Traditional Games and Sports. Social and cultural aspects
BLOCK 2	Valencian traditional games and sports. Characteristic elements
BLOCK 3	Valencian pilota. Generic elements
BLOCK 4	Valencian pilota. Social and cultural aspects
BLOCK 5	Valencian Pilota. Modalities
BLOCK 6	Valencian Pilota. Facilities
BLOCK 7	Valencian Pilota. Technical and tactical fundamentals
BLOCK 8	Popular sports in education. Teaching and learning process and its values



Temporary organization of learning:

Block of content	Sessions	Hours
BLOCK 1	3	6,00
BLOCK 2	3	6,00
BLOCK 3	4	8,00
BLOCK 4	4	8,00
BLOCK 5	7	14,00
BLOCK 6	3	6,00
BLOCK 7	3	6,00
BLOCK 8	3	6,00



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- Agulló, V., Sentandreu, R., y Sarasol, D. (2020). Anècdotes i curiositats de la pilotavalenciana. Càtedra de Pilota Valenciana de la Universitat de València.
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ADDITIONAL:



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