



Information about the course

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 280216 **Name:** Team Sports

Credits: 6,00 ECTS **Year:** 2 **Semester:** 2

Module: 2) Obligatory Formation module

Subject Matter: Sports Fundamentals **Type:** Obligatoria

Branch of knowledge: Health Sciences

Department: Physical-Sports Disciplines and Activities

Type of learning: Classroom-based learning

Language/-s in which it is given: Spanish

Teachers:

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Module organization

2) Obligatory Formation module

Subject Matter	ECTS	Subject	ECTS	Year/semester
Manifestations of human motor skills	18	Body Language	6	1/1
		Perceptual Motor Skills	6	1/2
		Physical Activity in Nature	6	2/2
Sports Fundamentals	42	Adapted Sport and Inclusive Physical Activity	6	2/2
		Adversary Sports	6	2/1
		Individual Sports	6	2/1
		Motor Learning and Development	6	1/1
		Native Sports and Games	6	1/2
		Team Sports	6	2/2
		Training Theory and Practice in PA	6	2/2



Learning outcomes

Al finalizar la asignatura, el estudiante deberá demostrar haber adquirido los siguientes resultados de aprendizaje:

R10 - Utilize new technologies to optimize teaching-learning processes and performance assessment in team sports.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

R6 - Describe the internal logic of various team sports through the analysis of their formal and functional structures.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.



- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

R7 - Prioritize and practically describe the elements that constitute different team sports structures (coordination, cognition, conditioning, socio-affective, and emotional-volitional) based on age, levels, and contexts.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Know how to guide, design, apply and technically-scientifically evaluate physical exercise and physical condition at an advanced level, based on scientific evidence, in different areas, contexts and types of activities for the entire population and with emphasis on specific populations. special such as: older people (seniors), schoolchildren, people with disabilities and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).



R8 - Design and apply tasks, sessions, and programs to develop the specific capacities and skills inherent to team sports, using appropriate teaching-learning methodologies for different ages, levels, and contexts.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Know how to guide, design, apply and technically-scientifically evaluate physical exercise and physical condition at an advanced level, based on scientific evidence, in different areas, contexts and types of activities for the entire population and with emphasis on specific populations. special such as: older people (seniors), schoolchildren, people with disabilities and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

R9 - Identify and analyze the acquisition level of technical-tactical performance factors in team sports across different ages, levels, and contexts.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas



- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Know how to guide, design, apply and technically-scientifically evaluate physical exercise and physical condition at an advanced level, based on scientific evidence, in different areas, contexts and types of activities for the entire population and with emphasis on specific populations. special such as: older people (seniors), schoolchildren, people with disabilities and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
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Assessment system

Modalidad presencial

Assessed learning outcomes	Granted percentage	Assessment tool
R6, R7, R8, R9, R10	40,00%	Written and/or practical tests.
R6, R7, R8, R9, R10	35,00%	Individual or Group Work / Project.
R8, R9, R10	10,00%	Exercises and Practices in the Classroom.
R6, R7, R8, R9, R10	15,00%	Oral tests or presentation.

Observations

- The student may keep the evaluation instruments passed during the 3 years following the first registration as long as he/she has obtained the minimum percentage of attendance required by this document (80% of practical sessions and 70% of the total number of sessions).
- It is necessary to obtain a 50% in the following evaluation instruments to pass the course:
Individual or Group Work/Project
Written and/or practical tests
Oral tests or exposition
- According to article 4.2. of the Guidelines for Evaluation at UCV, the limit of absences that may be due to eventualities (medical consultation, bureaucratic procedures...) that do not have to be justified, is 30%.
- Attendance to all practical sessions indicated in the schedule is compulsory. Additionally for this subject, in case of not attending 80% of these, the student will fail the two calls of the course, having to recover them in the following enrollment.



- In case of not complying with any of these criteria, the student will be graded with a maximum of 4.5.

SPECIFICATIONS OF THE EVALUATION INSTRUMENTS

Individual/group work/project

This evaluation instrument is divided into two parts:

1. Group work (25%): realization and delivery of a work on the technical - tactical analysis of a match, of an assigned collective sport. Division of the value of the work: written document (12.50%) and technical-tactical analysis (12.50%), carried out by using a scouting software, for example, Longomach, etc.
2. Session planning (10%): realization and delivery of a teaching-learning session of an assigned team sport.

Written and/or practical tests

The exam consists of a single final test on the dates of the official convocation and consists of three parts:

Type test: 3-4 answer options. The standard penalty system will be 1 wrong subtract 50%-33.3% respectively. Short questions: they do not subtract if they are wrongly answered. Development questions: they must be completely well answered in order to obtain a score from them.

Exercises and practices in the classroom

Participation in the dynamics of the course through open tasks/questionnaires on the platform, on different topics of the course.

Only will be evaluated the evidences or works of those students who attend the session in which they are raised.

Oral tests or exposition

This evaluation instrument is divided into two parts:

Oral presentation of the rules of the game, technical and tactical aspects, etc. of the assigned group sport (10%). Exposition of the group work on the technical-tactical analysis of a match of the assigned collective sport (5%).

The detailed explanation (procedure of the tasks) as well as the evaluation instruments (cards or rubrics) of each section will be published in the platform of each group at the student's disposal.

Actividades formativas

The methodologies to be used so that the students reach the expected learning outcomes will be the following:

M3 Discussion in small groups.



- M4 Practical laboratories.
- M5 Presentation of content by the teacher.
- M6 Practical lesson.
- M7 Group dynamics and activities.

IN-CLASS TRAINING ACTIVITIES

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom.	R7, R8, R9	Presentation of content by the teacher.	17,50	0,70
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity.	R8, R9, R10	Discussion in small groups. Practical laboratories. Practical lesson. Group dynamics and activities.	36,50	1,46
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project.	R6, R7, R8, R9, R10	Practical lesson. Group dynamics and activities.	4,00	0,16



TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works.	R9, R10	Presentation of content by the teacher.	2,00	0,08
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TOTAL			60,00	2,40
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TRAINING ACTIVITIES OF AUTONOMOUS WORK

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
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GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring.	R7, R8, R9, R10	Practical lesson. Group dynamics and activities.	30,00	1,20
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SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces.	R6, R7, R8, R9, R10	Practical lesson.	60,00	2,40
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TOTAL			90,00	3,60
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Description of contents

Descripción de contenidos necesarios para la adquisición de los resultados de aprendizaje.

Theoretical content:

Block of content	Contents
BLOCK 1	Definitions and taxonomy of team sports
BLOCK 2	Structural analysis of collective sports
BLOCK 3	Didactics of the teaching-training of collective sports
BLOCK 4	Technical fundamentals of collective sports
BLOCK 5	Tactical fundamentals of collective sports
BLOCK 6	Strategic fundamentals of collective sports



Temporary organization of learning:

Block of content	Sessions	Hours
BLOCK 1	1	2,00
BLOCK 2	2	4,00
BLOCK 3	7	14,00
BLOCK 4	7	14,00
BLOCK 5	7	14,00
BLOCK 6	6	12,00



References

BASIC REFERENCES:

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