



Information about the course

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 282048 **Name:** Pedagogy in Educational Values in Sports and Physical Activity

Credits: 6,00 ECTS **Year:** 4 **Semester:** 1

Module: 4) Optional Module.

Subject Matter: Professional Itinerary Electives **Type:** Optativa

Branch of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning

Language/-s in which it is given: Spanish

Teachers:

OAC37 Concepcion Ros Ros (**Profesor responsable**)

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Module organization

4) Optional Module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Inclusive Activities and Practices	4	Inclusive Activities and Practices in the Areas of Education and Leisure Time	4	4/2
Anthropology.	12	Anthropology	6	3/1
		Science, Reason and Faith	6	3/2
Collective Sports	22	Basketball	4	4/2
		Football	4	4/2
		Handball	4	4/2
		Hockey	4	4/2
		Volleyball	4	4/2
Adversary Sports	18	Fencing	4	4/2
		Judo	4	4/2
		Paddle	4	4/2
		Tennis	4	4/2
Sports in the Natural Environment	4	Sports in Nature: Specific Techniques	4	4/2
Individual sports	22	Athletics	4	4/2



Individual sports		Cycling	4	4/2
		Gymnastics	4	4/2
		Swimming	4	4/2
		Triathlon	4	4/2
Direction and Management of Gyms and Sports Centers	4	Gym and Sports Centre Management and Administration	4	4/2
Idiom	9	Inglés Avanzado para Ciencias Actividad Física y Deporte	4	4/2
		Inglés Intermedio para Ciencias Actividad Física y Deporte	4	4/2
Sports facilities	4	Sports Facilities	4	4/2
Research Methods and Techniques	4	Applied Research Methods and Techniques in Sport Sciences	4	4/2
Nutrition	4	Nutrition	4	4/2
Professional Itinerary Electives	27	Fitness and Physical Conditioning	6	4/1
		Pedagogy in Educational Values in Sports and Physical Activity	6	4/1
		Skills, Entrepreneurship and Employment	3	4/2
		Sports Management of Human and Economic Resources	6	4/1



Professional Itinerary Electives		Theory and Practice of Training for High Performance in Sports	6	4/1
Trends in sports practices	4	Trends in Sports Practices	4	4/2
Social Skills and Group Dynamics	4	Social Skills and Group Dynamics	4	4/2



Learning outcomes

Al finalizar la asignatura, el estudiante deberá demostrar haber adquirido los siguientes resultados de aprendizaje:

R17 - Design, implement and evaluate physical-sport activity programs in the formal and non-formal educational environment, taking into account the development of values, attitudes and norms.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Know, prepare and know how to apply the ethical-deontological, structural-organizational conditions, professional performance and the regulations of professional practice of Graduates in Physical Activity and Sports Sciences, in any professional sector of physical activity and sport (teaching formal and informal physical-sports; physical and sports training; physical exercise for health; as well as being able to develop multidisciplinary work
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

R18 - Summarize, contrast, assess and present data from scientific studies, related to the development of values in physical-sports activities.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas



- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.

Type of AR: Conocimientos o contenidos

- Know and understand the bases of the methodology of scientific work.

Type of AR: Competencias

- Analyze, review and select the effect and effectiveness of the practice of research methods, techniques and resources and scientific work methodology, in solving problems that require the use of creative and innovative ideas.

- Articulate and deploy with rigor and a scientific attitude the justifications on which to constantly and professionally prepare, support, substantiate and justify all acts, decisions, processes, procedures, actions, activities, tasks, conclusions, reports and professional performance.

R19 - Adapt, put into practice and evaluate physical and sports activities, appreciating the levels of development of values, attitudes and norms, and attending to individualities, both in the formal and non-formal areas.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.

- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).



R20 - Transfer the inherent values of physical-sports activities through the development and implementation of projects and / or programs applied in the formal and non-formal environment.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Know, prepare and know how to apply the ethical-deontological, structural-organizational conditions, professional performance and the regulations of professional practice of Graduates in Physical Activity and Sports Sciences, in any professional sector of physical activity and sport (teaching formal and informal physical-sports; physical and sports training; physical exercise for health; as well as being able to develop multidisciplinary work
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).
- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.

Type of AR: Competencias



- Know and know how to apply ethical and deontological principles and social justice in professional performance and involvement, as well as have habits of scientific and professional rigor and a constant attitude of service to citizens in the exercise of their professional practice with which improvement, excellence, quality and efficiency are intended.

R21 - Select and put into practice different methodologies and strategies for the development of values based on the characteristics of the group in different contexts.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).



Assessment system

Modalidad presencial

Assessed learning outcomes	Granted percentage	Assessment tool
R17, R18	30,00%	Written and/or practical tests.
R17, R18, R19, R21	30,00%	Individual or Group Work / Project.
R17, R19, R20, R21	30,00%	Exercises and Practices in the Classroom.
R18	10,00%	Oral tests or presentation.

Observations

The student will be able to keep the assessment instruments passed for the 3 years following the first registration.

It is necessary to obtain 50% in all assessment instruments to pass the subject.

According to article 4.2. of the Guidelines for Assessment at the UCV, the limit of absences that may be due to eventualities (medical consultation, bureaucratic procedures...) that do not have to be justified, is 30%.

In case of not complying with any of these criteria, the student will be graded with a maximum of 4.5.

OTHER CLARIFICATIONS

Written and/or practical tests

- Test test. Standard penalty system.



- Development question about a practical case related to the syllabus.

Individual or Group Work/Project.

- Service Learning Project (group).

- Another Project to be chosen by the group of those developed in the contents (Personal and social Responsibility Program; Project for the development of life skills, Fair Games, etc.

Oral tests or presentation.

- Individual and group exhibition. All members must take part in the explanation.

Exercises and practices in the classroom

- Exercises and practices carried out in class (sports physical session, group work minutes, practice notebook, etc.).

*Standard penalty system

No options = No subtraction

2 options = 1 wrong subtracts 100%

3 options = 1 wrong subtracts 50%

4 options = 1 wrong subtracts 33.3%

5 options = 1 wrong subtracts 25%

6 options = 1 wrong subtracts 20%

The detailed explanation (procedure for the assignments) as well as the evaluation tools (sheets or rubrics) for each section will be posted on each group's platform at the student's disposal.

Actividades formativas

The methodologies to be used so that the students reach the expected learning outcomes will be the following:

- M1 Attendance at practices.
- M2 Resolution of problems and cases.
- M3 Discussion in small groups.
- M5 Presentation of content by the teacher.
- M6 Practical lesson.
- M7 Group dynamics and activities.



IN-CLASS TRAINING ACTIVITIES

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom.	R17, R19, R21	Presentation of content by the teacher.	22,00	0,88
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity.	R17, R18, R19, R20, R21	Attendance at practices. Resolution of problems and cases. Discussion in small groups. Practical lesson. Group dynamics and activities.	30,00	1,20
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project.	R17, R18, R19, R20, R21	Resolution of problems and cases.	4,00	0,16
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works.	R17, R18, R19, R20, R21	Resolution of problems and cases. Discussion in small groups.	4,00	0,16
TOTAL			60,00	2,40



TRAINING ACTIVITIES OF AUTONOMOUS WORK

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring.	R17, R18, R19, R20, R21	Discussion in small groups. Group dynamics and activities.	20,00	0,80
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces.	R17, R18, R19, R20, R21	Resolution of problems and cases.	70,00	2,80
TOTAL			90,00	3,60



Description of contents

Descripción de contenidos necesarios para la adquisición de los resultados de aprendizaje.

Theoretical content:

Block of content	Contents
1. The person and its dimensions. Corporeality in the context of the unity of the person.	1. The person and its dimensions. Corporeality in the context of the unity of the person.
2. Values: their nature, axiology and the disciplines that address them	2. Values: their nature, axiology and the disciplines that address them
3. Methods of education in values	3. Methods of education in values
4. Values ??in the world of sport.	4. Values ??in the world of sport.
5. Methodological strategies in education in values ??and attitudes	5. Methodological strategies in education in values ??and attitudes
6. The evaluation and measurement of attitudes and values ??in physical-sporting activity.	6. The evaluation and measurement of attitudes and values ??in physical-sporting activity.
7. Conflict resolution in the framework of physical and sporting activity.	7. Conflict resolution in the framework of physical and sporting activity.
8. Intervention programs in the development of values ??through physical-sporting activities	8. Intervention programs in the development of values ??through physical-sporting activities



Temporary organization of learning:

Block of content	Sessions	Hours
1. The person and its dimensions. Corporeality in the context of the unity of the person.	3	6,00
2. Values: their nature, axiology and the disciplines that address them	3	6,00
3. Methods of education in values	3	6,00
4. Values ??in the world of sport.	4	8,00
5. Methodological strategies in education in values ??and attitudes	5	10,00
6. The evaluation and measurement of attitudes and values ??in physical-sporting activity.	4	8,00
7. Conflict resolution in the framework of physical and sporting activity.	4	8,00
8. Intervention programs in the development of values ??through physical-sporting activities	4	8,00



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