



Information about the course

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 282063 **Name:** Inglés Intermedio para Ciencias Actividad Física y Deporte

Credits: 4,50 ECTS **Year:** 4 **Semester:** 2

Module: 4) Optional Module.

Subject Matter: Idiom **Type:** Optativa

Branch of knowledge: Health Sciences

Department: Basic Sciences and Cross-disciplinary Subjects

Type of learning: Classroom-based learning

Language/-s in which it is given: English

Teachers:

OAC30	Katherine Haug (Profesor responsable)	katherine.haug@ucv.es
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Module organization

4) Optional Module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Inclusive Activities and Practices	4	Inclusive Activities and Practices in the Areas of Education and Leisure Time	4	4/2
Anthropology.	12	Anthropology	6	3/1
		Science, Reason and Faith	6	3/2
Collective Sports	22	Basketball	4	4/2
		Football	4	4/2
		Handball	4	4/2
		Hockey	4	4/2
		Volleyball	4	4/2
Adversary Sports	18	Fencing	4	4/2
		Judo	4	4/2
		Paddle	4	4/2
		Tennis	4	4/2
Sports in the Natural Environment	4	Sports in Nature: Specific Techniques	4	4/2
Individual sports	22	Athletics	4	4/2



Individual sports		Cycling	4	4/2
		Gymnastics	4	4/2
		Swimming	4	4/2
		Triathlon	4	4/2
Direction and Management of Gyms and Sports Centers	4	Gym and Sports Centre Management and Administration	4	4/2
Idiom	9	Inglés Avanzado para Ciencias Actividad Física y Deporte	4	4/2
		Inglés Intermedio para Ciencias Actividad Física y Deporte	4	4/2
Sports facilities	4	Sports Facilities	4	4/2
Research Methods and Techniques	4	Applied Research Methods and Techniques in Sport Sciences	4	4/2
Nutrition	4	Nutrition	4	4/2
Professional Itinerary Electives	27	Fitness and Physical Conditioning	6	4/1
		Pedagogy in Eduational Values in Sports and Physical Activity	6	4/1
		Skills, Entrepreneurship and Employment	3	4/2
		Sports Management of Human and Economic Resources	6	4/1



Professional Itinerary Electives		Theory and Practice of Training for High Performance in Sports	6	4/1
Trends in sports practices	4	Trends in Sports Practices	4	4/2
Social Skills and Group Dynamics	4	Social Skills and Group Dynamics	4	4/2



Learning outcomes

Al finalizar la asignatura, el estudiante deberá demostrar haber adquirido los siguientes resultados de aprendizaje:

R1 - Produce well-organized oral texts in English (at B1+ level) appropriate for the interlocutor and their communicative purpose in general communication contexts and contexts related to Physical Education and Sports Sciences (CAFD).

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.

R2 - Engage in oral debates in English (at B1+ level) with correctness, fluency, and spontaneity that allow for maintaining interaction, reacting, asking questions, and repeating what the interlocutor said to ensure mutual understanding in communication contexts.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas



- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
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R3 - Identify the general meaning, essential information, main points, and relevant details in clearly structured oral texts delivered in standard English (at B2 level) at a moderate pace and transmitted live.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.



R4 - Compose simple and cohesive written texts in standard English (at B2 level), whether public or private, that require conveying or contrasting information, narrating stories, describing experiences or events (real or imaginary), feelings, and reactions.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
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Assessment system

Modalidad presencial

Assessed learning outcomes	Granted percentage	Assessment tool
R1, R2, R3, R4	50,00%	Written and/or practical tests.
R1, R2, R3, R4	30,00%	Individual or Group Work / Project.
R1, R2, R3, R4	20,00%	Oral tests or presentation.

Observations

- The student may keep the assessment instruments passed for 3 years after the first registration.
- It is necessary to obtain 50% in all instruments to pass the subject.
- If any of these criteria are not met, the student will be graded with a maximum of 4.5.
- According to article 4.2. of the Guidelines for Evaluation at UCV, the limit of absences that may be due to eventualities (medical consultation, bureaucratic procedures...) that do not have to be justified, is 30%.

The detailed explanation (procedure of the tasks) as well as the evaluation instruments (cards or rubrics) of each section will be published on the platform of each group at the student's disposal.



Actividades formativas

The methodologies to be used so that the students reach the expected learning outcomes will be the following:

- M2 Resolution of problems and cases.
- M4 Practical laboratories.
- M5 Presentation of content by the teacher.
- M6 Practical lesson.
- M7 Group dynamics and activities.

IN-CLASS TRAINING ACTIVITIES

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom.	R1, R2, R3, R4	Resolution of problems and cases. Presentation of content by the teacher. Group dynamics and activities.	10,00	0,40
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity.	R1, R2, R3, R4	Resolution of problems and cases. Practical laboratories. Presentation of content by the teacher. Practical lesson.	23,00	0,92



EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project.	R1, R2, R3, R4	Resolution of problems and cases.	5,00	0,20
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TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works.	R2, R3, R4	Resolution of problems and cases. Presentation of content by the teacher.	7,00	0,28
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TOTAL			45,00	1,80
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TRAINING ACTIVITIES OF AUTONOMOUS WORK

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
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GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring.	R2, R3, R4	Resolution of problems and cases. Group dynamics and activities.	22,50	0,90
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SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces.	R2, R3, R4	Resolution of problems and cases. Presentation of content by the teacher. Group dynamics and activities.	45,00	1,80
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TOTAL			67,50	2,70
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Description of contents

Descripción de contenidos necesarios para la adquisición de los resultados de aprendizaje.

Theoretical content:

Block of content	Contents
BLOCK I	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of B1+ level. Specific area: Sport context, general questions: basic actions, implements, places where sport is practised, sport professionals, expression of sport results.
BLOCK II	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B1+. Specific area: Sport context, general issues: competition sport, adventure activities and conditioning activities.
BLOCK III	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of B1+ level. Specific area: Physical activity and health.
BLOCK IV	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of B1+ level. Specific area: Psychosocial aspects of sport.
BLOCK V	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of B1+ level. Specific area: Research in Sport Science.



Temporary organization of learning:

Block of content	Sessions	Hours
BLOCK I	6	11,00
BLOCK II	6	11,00
BLOCK III	6	11,00
BLOCK IV	4	8,00
BLOCK V	2	4,00

References

BASIC REFERENCE:

Hernández, A. y Prades, C. (2019). *English for Physical and Sports Activities*. Altamar

COMPLEMENTARY REFERENCES:

Evans, V., Dooley, J, & Graham A. (2019) *Career Paths: Sports*. Express Publishing
Healthline Fitness. (n.d.). <https://www.healthline.com/fitness>

Nisco, M. C. (2017). *The English Training Lab. Sports and Health in ESP Contexts*.

PE Blog | Resources for PE Teachers and Coaches. (n.d.). PE Blog.

<https://blog.peoffice.co.uk/>

Rea, S. (2023). *Sports Science: A complete introduction*. Hachette UK.