



## Information about the subject

**Degree:** Bachelor of Science Degree in Physiotherapy

**Faculty:** Faculty of Medicine and Health Sciences

**Code:** 243404 **Name:** Supervised Practicum II

**Credits:** 18,00 **ECTS Year:** 4 **Semester:** 1

**Module:** MODULE 3: SUPERVISED PRACTICE

**Subject Matter:** Supervised Practice II **Type:** Internship

**Field of knowledge:** Health Sciences

**Department:** -

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

**Lecturer/-s:**



## Module organization

### MODULE 3: SUPERVISED PRACTICE

Subject Matter	ECTS	Subject	ECTS	Year/semester
Supervised Practice II	18,00	Supervised Practicum II	18,00	4/1
Supervised Practice III	18,00	Supervised practicum III	18,00	4/2
Supervised Practice I	6,00	-Supervised practicum I	6,00	3/1

## Prerequisites

Las Prácticas Tuteladas II del Grado Internacional, se deberán realizar en Centros sanitarios conveniados y/o Universidades conveniadas en el extranjero, donde la lengua vehicular preferentemente sea el inglés.



## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 The student can evaluate, plan and carry out a program of physiotherapy techniques adapted to the patient's pathology.
- R2 The student can apply the knowledge acquired during the degree.
- R3 Integrates and knows how a hospital/physiotherapy center works.
- R4 The student knows how to follow up of patients with different pathologies and their treatments.
- R5 Maintains an adequate patient-physiotherapist relationship.
- R6 Develops the ability to guarantee the confidentiality of user and professional data.
- R7 Critically analyses the work.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

BASIC		Weighting			
		1	2	3	4
CB1	Students demonstrate knowledge and understanding in an area of study that is at the core of general secondary education, and is often at a level that, while supported by advanced textbooks, also includes some aspects that involve knowledge from the cutting edge of their field of study.		X		
CB2	Students know how to apply their knowledge to their work or vocation in a professional way and possess the skills usually demonstrated by developing and defending arguments and solving problems within their area of study.				X
CB3	Students have the ability to gather and interpret relevant data (usually within their area of study) to make judgments that include reflection on relevant social, scientific or ethical issues.			X	
CB4	Students can convey information, ideas, problems and solutions to both specialized and non-specialized audiences.				X
CB5	Students develop those learning skills necessary to undertake further studies with a high degree of autonomy.			X	
GENERAL		Weighting			
		1	2	3	4
CG1	Students know the methods, procedures and physiotherapeutic actions, for the free exercise of the profession.			X	
CG2	Students design objectives in the physiotherapeutic intervention of the pathologies to be treated.			X	
CG3	Correct application of therapeutics in re-education and functional recovery.				X
CG4	Assess the functional state of the patient, considering the physical, psychological and social aspects.				X



SPECIFIC	Weighting			
	1	2	3	4
CE14 Students identify the theoretical bases of Physiotherapy as a science and profession. The models of action in Physiotherapy. The theoretical bases of the assessments, tests and functional verifications: knowledge of their modalities and techniques as well as the scientific evaluation of their utility and effectiveness. The diagnosis of Physiotherapy. Methodology of the research applied to Physiotherapy.				X
CE15 General physiotherapeutic procedures: Kinesitherapy, Massage and Massage Therapy, Electrotherapy, Magnetic Therapy, Ergotherapy, Hydrotherapy, Balneotherapy, Climatotherapy, Thalassotherapy; Thermotherapy, Cryotherapy, Vibrotherapy, Phototherapy, Pressotherapy, and the derivatives of other physical agents				X
CE16 Physiotherapeutic Procedures based on specific Methods and Techniques of physiotherapeutic actions to be applied in the different pathologies of all the apparatuses and systems, and in all the specialties of Medicine and Surgery, as well as in the promotion and conservation of the health, and in the prevention of the disease.				X
CE28 Students prepare and systematically fill in the complete Physiotherapy Clinical History, where all the steps followed from the reception of the patient/user to the report at the discharge of Physiotherapy are properly and efficiently recorded.				X
CE29 Students assess the functional state of the patient/user, considering the physical, psychological and social aspects.				X
CE30 Students determine the Physiotherapy Diagnosis according to the internationally recognized standards and international validation instruments. This competency includes prioritizing the needs of the patient/user to attend with priority to those that most compromise the recovery process.				X
CE31 Students know how to design the Physiotherapy Intervention Plan. To elaborate a specific Physiotherapy Intervention Plan using problem-solving skills and clinical reasoning: in line with the available resources; formulating the intervention objectives with the user and, if appropriate, with the significant people in his environment, collecting his expectations regarding care; selecting the protocols or procedures most appropriate to the planned care, attending to criteria of appropriateness, validity and efficiency.			X	



CE32	Students execute, direct and coordinate the Physiotherapy Intervention Plan, attending to the principle of the user's individuality and using the therapeutic tools typical of Physiotherapy, that is, the set of methods, procedures, actions and techniques that through the application of physical means: cure, recover, enable, rehabilitate, adapt and readapt people with deficiencies, functional limitations, disabilities and handicaps; prevent diseases and promote health to people who want to maintain an optimum level of health.	X
CE33	Students evaluate the evolution of the results obtained with the Physiotherapy treatment in relation to the objectives set and the established results criteria. To do this it will be necessary: to define and establish the results criteria; to carry out the evaluation of the evolution of the patient/user; to redesign the objectives according to the evaluation, if necessary; and to adapt the intervention or treatment plan to the new objectives, if necessary.	X
CE34	Students prepare the report upon discharge from Physiotherapy. When it is considered that the proposed objectives have been met, either because the process has been cured or because the possibilities of recovery with the therapeutic measures available have been exhausted, discharge from Physiotherapy will be proposed and the relevant report will be drawn up	X
CE35	Students provide a Physiotherapy attention in an effective way, giving an integral assistance to the patients/users, for which it will be necessary: To interpret the medical prescriptions; to prepare the environment in which the Physiotherapy attention will be carried out so that it is comfortable; to keep the patient informed of the treatment that is applied, explaining him/her the tests and maneuvers that are practiced, the preparation that they require, and to exhort him/her to collaborate at all times; to register daily the application of the Physiotherapy attention, the evolution and the incidents of it.	X
CE36	Students participate in the areas of health promotion and disease prevention. This includes, among others: identifying the social and economic factors that influence health and health care; designing and carrying out disease prevention and health promotion activities; advising on the development and implementation of care and education policies in the field of physiotherapy; identifying risks and risk factors; assessing and selecting users who can benefit from preventive measures; providing health education to the population in the various fields.	X



CE37	Students relate effectively with the whole multidisciplinary team. This includes: establishing the objectives of Physiotherapy within the team; collecting, listening and assessing the reflections of the rest of the multidisciplinary team towards their actions; accepting and respecting the diversity of criteria of the rest of the team members; recognizing the competences, skills and knowledge of the rest of the health professionals.				X
CE39	Students incorporate scientific research and evidence-based practice as a professional culture This includes: Establishing lines of research in the field of the competences of the profession and disseminating them in the research group; participating in the research group of the environment; disseminating the research work and its conclusions in the scientific and professional community; establishing physiotherapy care protocols based on practice by scientific evidence; promoting all those professional activities that involve the dynamization of research in physiotherapy				X
CE42	Students develop planning, management and control activities for Physiotherapy services. This includes: participating in the preparation, management and execution of the health plan of the institution in which one works; establishing, defining and applying the operation of the Physiotherapy unit; establishing the health programs in the area of Physiotherapy; establishing, defining and applying the criteria of attention in Physiotherapy, using adequately the available resources, applying efficiency criteria as work tools and using technology adequately.				X
CE44	Students cope with stress, which involves the ability to control oneself and one's environment in stressful situations.				X
CE47	Students maintain an attitude of learning and improvement. This includes expressing interest and acting in a constant search for information and professional improvement, committing to contribute to professional development in order to improve practice competence and maintain the status that corresponds to a qualified and regulated profession.				X
CE48	Students manifest a high degree of self-concept, with optimal self-acceptance, without self-centeredness but without prejudices.				X
CE49	Students conform to the limits of their professional competence in health care.				X



CE50	Students collaborate and cooperate with other professionals, enriching each other This includes: resolving most situations by establishing direct and assertive communication and seeking consensus; assisting other health professionals in professional practice; knowing interprofessional boundaries and employing appropriate referral procedures.				X
CE51	Show respect, appreciation and sensitivity to the work of others.				X
CE52	Develop the ability to organize and lead work teams effectively and efficiently.	X			
CE53	Express discretion, making appropriate use of the information available to him, preserving the dignity of the patient.				X
CE54	Work responsibly, which means being able to cope with the activities of your job without the need for strict supervision.				X
CE55	Show its orientation towards the patient/user, making it clear in its actions that the citizen and his/her needs are the axis around which its decisions revolve. As can be seen, some of the competencies that we have gathered as specific coincide in their denomination and contents with certain transversal competencies, but we have decided to incorporate them as specific competencies, given the extraordinary importance that national and international Professional Associations and Colleges confer on them				X

TRANSVERSAL		Weighting			
		1	2	3	4
CT1	Decision-making				X
CT2	Problem solving.				X
CT3	Capacity for organization and planning.			X	
CT4	Analysis and synthesis capacity.				X
CT5	Oral and written communication in the native language.			X	
CT6	Information management capacity.				X
CT7	Computer skills related to the field of study.			X	





CT8	Knowledge of a foreign language.	X		
CT9	Ethical commitment.			X
CT10	Teamwork.		X	
CT11	Interpersonal relationship skills.		X	
CT12	Work in an interdisciplinary team		X	
CT13	Critical Reasoning			X
CT14	Work in an international context.	X		
CT15	Recognition of diversity and multiculturalism	X		
CT16	Motivation for quality		X	
CT17	Adaptation to new situations.			X
CT18	Creativity		X	
CT19	Autonomous learning		X	
CT20	Initiative and entrepreneurship		X	
CT21	Leadership.		X	
CT22	Knowledge of other cultures and customs	X		
CT23	Sensitivity to environmental issues.	X		



## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5	40,00%	Evaluation of Practices by the Assistant Professor to Practice.
R3, R6	10,00%	Record of Attendance to the Outside Internship.
R1, R2, R6, R7	50,00%	Internship Report

### Observations

To pass the subject it will be mandatory:

Collect and present all the documentation provided for carrying out the internship. Documentation that is not collected or delivered within the established deadlines may be sanctioned with 1 penalty point in the overall grade. Have complied with the hours and dates required and required in the relevant annexes. Submit the external tutor's notes before the agreed deadline that will be indicated in the initial meetings or through the communication channels that exist through the Platform or university email. Furthermore, the grade must be higher than 5. Present or deliver the practical report carried out by the student in the task created in the marked time and with the indicated conditions. Failure to deliver the Report in the UCV Platform Task within the indicated period is understood as "not presented" and automatically results in failure, and this absence cannot be corrected with its subsequent presentation in the exa review period. To pass the subject, both the practical report and the external tutor's evaluation must have a minimum grade of 5. Passing is considered a minimum grade of 5 out of 10. Regarding attendance by the student, he or she must attend 90% of all hours and the rest 10% must be justified according to exam regulations (illness, trial, or death of a first-degree relative). )

All unjustified hours must be recovered in a timely manner in order to be evaluated.

### MENTION OF DISTINCTION:

According to Article 22 of the Regulations governing the Evaluation and Qualification of UCV Courses, the mention of "Distinction of Honor" may be awarded by the professor responsible for the course to students who have obtained, at least, the qualification of 9 over 10 ("Sobresaliente"). The number of "Distinction of Honor" mentions that may be awarded may not exceed five percent of the number of students included in the same official record, unless this number is lower than 20, in which case only one "Distinction of Honor" may be awarded.



## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M8 Face-to-face practical classes: The student will attend different physiotherapy centres and hospitals where he will attend to patients with professionals as required. Each professional will assess each practice according to the objectives and requirements stipulated in the teaching guide.
- M9 External practical tutorial: Personalised attention and in small groups. Period of instruction and/or orientation carried out by a tutor with the aim of reviewing and discussing the materials and topics presented in the classes, seminars, readings, completion of work
- M13 Production of works or reports

### IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
SUPERVISED PRACTICE M8, M9	R1, R2, R3, R4, R5	360,00	14,40
<b>TOTAL</b>		<b>360,00</b>	<b>14,40</b>

### LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
Autonomous work M13	R2, R6, R7	90,00	3,60
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
---------------	----------

Temporary organization of learning:

Block of content	Number of sessions	Hours
------------------	--------------------	-------

## References



## Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

**Situation 1: Teaching without limited capacity** (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

**Situation 2: Teaching with limited capacity** (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

### 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

Microsoft Teams

Kaltura



## **Situation 3: Confinement due to a new State of Alarm.**

In this case, the following changes are made:

### **1. Educational Activities of Onsite Work:**

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

Microsoft Teams

Kaltura

Explanation about the practical sessions:



## 2. System for Assessing the Acquisition of the competences and Assessment System

### ONSITE WORK

#### Regarding the Assessment Tools:

The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

#### Comments to the Assessment System: