



## Information about the subject

**Degree:** Bachelor of Science Degree in Human Nutrition and Dietetics

**Faculty:** Faculty of Medicine and Health Sciences

**Code:** 1311110 **Name:** Anthropology

**Credits:** 6,00 **ECTS Year:** 1 **Semester:** 1

**Module:** Basic Science Module

**Subject Matter:** Anthropology **Type:** Basic Formation

**Field of knowledge:** Health Sciences

**Department:** Theology, Social Doctrine of the Church and Deontology or Professional Ethics

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

**Lecturer/-s:**

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## Module organization

### Basic Science Module

Subject Matter	ECTS	Subject	ECTS	Year/semester
Biology	6,00	Biology and Genetics	6,00	1/1
Biochemistry	6,00	Biochemistry	6,00	1/2
Chemistry	12,00	Basic Fundamentals of Chemistry	6,00	1/1
		Organic Chemistry	6,00	1/2
Physiology	12,00	Physiology	6,00	1/2
		Physiology II	6,00	2/1
Statistics	6,00	Biostatistics	6,00	1/1
Human Anatomy	6,00	Human Anatomy	6,00	1/1
Psychology	6,00	Psychology	6,00	2/1
Anthropology	12,00	Anthropology	6,00	1/1
		Food and Culture	6,00	4/1

## Recommended knowledge



1. Integrate the knowledge acquired for the future exercise of their profession within a humanistic vision attentive to the common good.
2. Adequately assess the person and the factors that constitute their nature: physical, psychic, rational and spiritual.
3. Identify the place of affections and emotions in the person.
4. Recognize the social character of the person and the primacy of love in human relationships.
5. Understand the dynamics of freedom and its implications: moral responsibility.
6. Acquire the basic notions of physical anthropology and the processes of hominization and humanization.
7. Adequately identify existential issues: wishes, limits and significance.
8. Understand man as a transformer of the world and review the notion of progress.

## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Acquires a synthetic vision of some central aspects of anthropological thought.
- R2 Knows how to differentiate the essential human capacities (intelligence, will, affectivity) that make possible the personal self-development and contribute to improve the personality.
- R3 Knows how to identify the fundamental notes of the human person that reveal his dignity, his freedom of self-determination, his sociability and his openness to transcendence.
- R4 The student is able to elaborate works of analysis and synthesis with arguments from anthropology about the existential realities of the person and the limits of life, using as sources academic texts, audiovisual materials, press media or Internet.
- R5 Demonstrates the ability to critically discuss anthropological issues while respecting the opinions of others and demonstrating scientific rigor.
- R6 Collaboration with the teacher and colleagues throughout the learning process: Attendance at theoretical, practical or tutoring sessions; teamwork; respect in treatment; compliance with the rules of organization of the subject for the benefit of all.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

BASIC	Weighting			
	1	2	3	4
CB1 Students demonstrate knowledge and understanding in an area of study that is at the core of general secondary education, and is often at a level that, while supported by advanced textbooks, also includes some aspects that involve knowledge from the cutting edge of their field of study.			X	

  

GENERAL	Weighting			
	1	2	3	4
CG01 Students recognize the essential elements of the dietitian-nutritionist profession, including ethical principles, legal responsibilities and the exercise of the profession, applying the principle of social justice to professional practice and developing it with respect for individuals, their habits, beliefs and cultures.		X		
CG06 Students know, critically evaluate, and know how to use and apply the sources of information related to nutrition, food, lifestyles and health aspects.		X		

  

SPECIFIC	Weighting			
	1	2	3	4
CE04 Students know the historical, anthropological and sociological evolution of food, nutrition and dietetics in the context of health and disease.	X			
CE05 Students know the different educational methods of application in health sciences, as well as the communication techniques applicable in food and human nutrition.	X			
CE56 Develop a sense of ethics and responsibility.			X	



CE57 Commitment to values related to the principles of equality between men and women, universal accessibility for people with disabilities, and in general to the values of a culture of peace and democratic values.

X



## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R5, R6	10,00%	Evaluation of the use of the practical classes in the classroom, of problems or computers, seminars and tutorials. Through attendance, and participation in the different activities proposed.
R1, R2, R3, R4	60,00%	Written evaluation of the knowledge and skills obtained. The test may consist of a series of open-ended or multiple-choice questions on the theoretical content of the subject and/or practical exercises (problem solving).
R2, R4	30,00%	Evaluation of individual or group practices or activities, in which information related to each of the subjects must be sought and structured, and cases or problems resolved. This is done through a system of continuous evaluation throughout the course, which involves the delivery and / or exposure of work, whose objectives and content will be proposed by the teacher.

### Observations

#### GENERAL CRITERIA OF THE ASSESSMENT OF THE SUBJECT FIRST ENROLLMENT EVALUATION CRITERIA

Three evaluation possibilities are contemplated, from which the most appropriate one will be chosen depending on the health moment and the online work needs that may arise at any time. In all of them it will be essential to pass the test (2'75 points), to average with the rest of the evaluation instruments. In case of not being passed, the written test, the published grade will be the weighted grade of the exam exclusively.

#### 1.- Objective test with a total value of up to 5.5 points

##### Option A

- With 20 test questions with 4 answer alternatives and a single valid option. Each wrongly answered test type will discount following the Excel formula. With this instrument you can obtain up to a value of 3.5 points from the total grade for the course.
- With 2 development questions. With this instrument you can obtain up to a value of 2 points from the total grade for the course (1 point each of the questions).



## Option B

It may consist of a single written test with 30 test questions (with the characteristics of option A test questions)

Option C It may consist of an oral exam that can be carried out in specific situations that occurred during the online exam time and in certain circumstances in which this type of test is considered appropriate.

2.- Individual work (may be done through a training platform): it may consist of reflection on texts proposed by the teacher that the student may upload to the platform. This section may be evaluated

through questions that will be carried out the same day as the written test (this individual work instrument may be evaluated with up to 2 points)

3.- Group work: with different modalities of works and exhibitions proposed by the teacher in dates and form. With this instrument you can get up to 2 points of the total grade for the course.

4.- Attendance and participation. This section may be evaluated through the preparation by the student of an individual portfolio. With this assessment instrument you can obtain up to a value of 0.5 points of the total grade for the course. Once the student has chosen the option of just taking the written test, they must achieve a minimum score of 5 in order to pass the course.

## **SECOND ENROLLMENT AND SUBSEQUENT EVALUATION CRITERIA**

1. Objective proof of identical structure as in first registration. It will be essential to pass this written test (2'75 points), to average with the rest of the evaluation instruments. If not passed, the published grade will be the weighted grade of the exam exclusively.

2. Individual work (may be done through a training platform): it may consist of reflection on texts proposed by the teacher that the student may upload to the platform. This section may be evaluated through questions that will be carried out the same day as the written test (this individual work instrument may be evaluated with up to 2 points)

3. Presentation of individual work: proposed by the teacher with a value of up to 2 points, which must be delivered on the date and in the manner indicated by the teacher.

4. Attendance and Participation: to the tutorials programmed by the professor in charge (up to 0.5 points of the total mark for the course can be obtained)

## **SPELLING MISTAKES**

And grammatical inconsistencies, or sms language that appear in works, exams or other assessment instruments, will mean the loss of 10% of the grade awarded to the exercise. This measure has to be applied in all evaluation instruments.

## **MENTION OF DISTINCTION:**

According to Article 22 of the Regulations governing the Evaluation and Qualification of UCV Courses, the mention of "Distinction of Honor" may be awarded by the professor responsible for the course to students who have obtained, at least, the qualification of 9 over 10 ("Sobresaliente"). The number of "Distinction of Honor" mentions that may be awarded may not exceed five percent of the number of students included in the same official record, unless this number is lower than 20, in which case only one "Distinction of Honor" may be awarded.



## MENTION OF DISTINCTION:

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded. Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Exposition of contents by the teacher, analysis of competencies, explanation and demonstration of capacities, skills and knowledge in the classroom. The blackboard, the computer and the cannon will be used to display texts, graphics, etc.
- M2 Resolution of practical exercises and case studies, analysis of evaluation procedures and procedural intervention. All this with the support of the teacher. This aspect can be controlled through attendance and active participation in the practical sessions.
- M5 Student study: individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. for discussion or delivery in electronic format.
- M7 Personalised attention and in small groups. Period of instruction and/or orientation carried out by a tutor with the aim of reviewing and discussing the materials and topics presented in the classes, seminars, readings, completion of assignments, etc. The attendance of the student and his/her level of gradual development in the knowledge of the subjects will be evaluated.
- M8 A set of tests, written or oral, used in the evaluation of the student.
- M9 Group preparation of readings, essays, problem solving, seminars, papers, reports, etc... for discussion or delivery.





## IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Theoretical lessons M1, M7	R1, R2, R3, R6	24,00	0,96
Practice lessons M2, M5, M7, M8	R1, R2, R3, R4, R5	28,00	1,12
Office Hours M1, M2	R1, R6	4,00	0,16
Evaluation M5, M8	R1, R2, R3, R4	4,00	0,16
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>

## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
Autonomous work M2, M5	R1, R2, R3	80,00	3,20
Group work M2, M5	R1, R2, R3	10,00	0,40
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

#### Content block

#### Contents

BLOCK I: Conceptions of the human being and his relation with his natural and sociocultural environment: evolutionism, materialism, determinism, individualism, rationalism, anthropocentrism and biocentrism, ecofeminism. Man and science. The relationship of human beings with their environment in different cultures

- 1.Fundamental concepts.
- 2.The processes of hominization and humanization.
- 3.The transforming man of the world. The notion of progress.

BLOCK III: Specific qualification.

- 1.Anthropology of health
- 2.Anthropology of suffering
- 3.Anthropology of death
- 4.Anthropology of food

BLOCK II: Factors that constitute the subject's identity: body and soul, tendencies, affectivity and human knowledge, freedom, family, society, culture, language Person and factors that constitute their nature: physical, psychic, rational and spiritual Social character of the person. The primacy of love in human relationships. Affects and emotions Freedom and its implications: moral responsibility. Existential questions: longings, limits and transcendence.

- 1.Social character of the person.
- 2.The primacy of love in human relationships.
- 3.Affects and emotions Freedom and its implications: moral responsibility.
- 4.Existential questions: longings, limits and transcendence.



## Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I: Conceptions of the human being and his relation with his natural and sociocultural environment: evolutionism, materialism, determinism, individualism, rationalism, anthropocentrism and biocentrism, ecofeminism. Man and science. The relationship of human beings with their environment in different cultures	15,00	30,00
BLOCK III: Specific qualification.	5,00	10,00
BLOCK II: Factors that constitute the subject's identity: body and soul, tendencies, affectivity and human knowledge, freedom, family, society, culture, language Person and factors that constitute their nature: physical, psychic, rational and spiritual Social character of the person. The primacy of love in human relationships. Affects and emotions Freedom and its implications: moral responsibility. Existential questions: longings, limits and transcendence.	10,00	20,00

## References

### Bibliografía básica:

1. Benavent, M. A., Fundamentos de Enfermería. Valencia, DAE, 2009.
2. Laín Entralgo, P., Antropología médica. Barcelona, Salvat, 1984.
3. Rodríguez Valls, F., Orígenes del hombre. La dignidad del ser humano. Madrid, Biblioteca Nueva, 2017.

### Antropología Física y Evolutiva:

1. Arsuaga, J.L., La especie elegida. Madrid, Temas de hoy. 2006.
2. Ayala, F. & Cela Conde, C.J., La piedra que se volvió palabra. Madrid, Alianza, 2006.
3. Ayala, F. & Cela Conde, C.J., Senderos de la evolución humana. Madrid, Alianza, 1997.
4. Ayala, F., La teoría de la evolución: De Darwin a los últimos avances de la genética. Madrid, Pereda editores, 1994.