



Information about the subject

Degree: Bachelor of Science Degree in Psychology

Faculty: Faculty of Psychology

Code: 290205 **Name:** Psychology of Motivation and Emotion

Credits: 6,00 **ECTS Year:** 2 **Semester:** 1

Module: PSYCHOLOGICAL FUNCTIONS AND PROCESSES

Subject Matter: PSYCHOLOGICAL PROCESSES **Type:** Compulsory

Field of knowledge: Health Sciences

Department: Basic, Social, and Neuropsychology

Type of learning: Classroom-based learning / Online

Languages in which it is taught: Spanish

Lecturer/-s:

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Universidad
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Course guide

Year 2024/2025
290205 - Psychology of Motivation and Emotion

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Lecturer)

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Module organization

PSYCHOLOGICAL FUNCTIONS AND PROCESSES

Subject Matter	ECTS	Subject	ECTS	Year/semester
PSYCHOLOGY	12,00	Psychology of Attention and Perception	6,00	1/1
		Psychology of Learning and Memory	6,00	1/2
PSYCHOLOGICAL PROCESSES	12,00	Psychology of Motivation and Emotion	6,00	2/1
		Psychology of Thought and Language	6,00	3/2

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Knowing the psychological processes of Motivation, as well as its theoretical models.
- R2 Understanding the empirical evidence that supports each theoretical construct in the area of Psychology of Motivation.
- R3 Knowing the psychological processes of Emotion as well as the theoretical models about them.
- R4 Understanding the empirical evidence that supports each theoretical construct in the area of Psychology of Emotion.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

SPECIFIC	Weighting			
	1	2	3	4
CE28 To know the functions, characteristics and limitations of the different theoretical models of Psychology.				X

TRANSVERSAL	Weighting			
	1	2	3	4
CT1 Capacity to analyze and synthesize.				X
CT2 Capacity to organize and plan.				X
CT6 Capacity to manage information (capacity to look for and analyze information coming from different types of sources)				X
CT9 Capacity to work in team.			X	
CT18 Capacity to produce new ideas (creativity).	X			



Assessment system for the acquisition of competencies and grading system

In-class teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4	60,00%	Oral and/or written tests employed in initial, training and/or summative student assessment.
R1, R2, R3, R4	20,00%	Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher.
R1, R2, R3, R4	10,00%	Oral presentation of assignments.
R1, R2, R3, R4	10,00%	Group assignments.

Observations

INFORMATION NOTE ON THE FINAL EVALUATION TESTA written exam will be carried out with multiple choice questions that may be combined with practical or development assumptions. Under adequate justification it could be replaced by an oral test.

CRITERIA FOR PASSING THE SUBJECT To pass the subject, the student must separately pass the different evaluation systems (attendance and active participation, practices and exam).

CRITERIA FOR THE GRANT OF HONOR REGISTRATION

It is granted as a sign of academic exceptionality and with restrictions as to the amount per number of students legally established.

The grant is subject to the professor's discretion. The student who opts for it would have been qualified a minimum grade in the subject of 9.5 points, and would have demonstrated his academic excellence throughout the development of the subject, in the different planned activities and in the different evaluation processes.

Online teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4	75,00%	Final evaluation consisting of essay questions and hypothetical scenarios.
R1, R2, R3, R4	5,00%	Submitted tasks
R1, R2	20,00%	Attendance and participation in synchronic communication activities.



Observations

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In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M4 Application of interdisciplinary knowledge.



- M5 Activities developed in spaces with specialized equipment.
- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.
- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.
- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities. Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.
- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.



- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.



IN-CLASS LEARNING

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4	40,00	1,60
PRACTICAL CLASSES Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2, M4, M5, M8	R1, R2, R3, R4	8,00	0,32
SEMINAR Supervised monographic sessions with shared participation. M2, M6	R1, R2, R3, R4	2,00	0,08
GROUP WORK EXHIBITION Application of multidisciplinary knowledge. M2, M8	R1, R2, R3, R4	4,00	0,16
OFFICE ASSISTANCE Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc. M6	R1, R2, R3, R4	4,00	0,16
ASSESSMENT Set of oral and/or written tests used in initial, formative or additive assessment of the student. M7	R1, R2, R3, R4	2,00	0,08
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform M2, M8	R1, R2, R3, R4	30,00	1,20
INDEPENDENT WORK Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform. M6, M9	R1, R2, R3, R4	60,00	2,40
TOTAL		90,00	3,60



ON-LINE LEARNING

SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Virtual session (distance learning) M11	R1, R2, R3, R4	40,00	1,60
Virtual practical session (distance learning) M12	R1, R2, R3, R4	2,00	0,08
Seminar and virtual videoconference (distance learning) M13	R1, R3	4,00	0,16
Individual tutoring sessions (distance learning) M16	R2, R3	8,00	0,32
Discussion forums (distance learning) M18	R1, R3	3,00	0,12
Continuous assessment activities (distance learning) M14	R1, R2, R3	3,00	0,12
TOTAL		60,00	2,40

ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Individual work activities (distance learning) M17	R1, R2, R3	50,00	2,00
Teamwork (distance learning) M17	R1, R2, R3, R4	40,00	1,60
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
1. MOTIVATION	1. Introduction to motivational process 2. Historical perspective and current status of the psychology of motivation 3. Extrinsic and intrinsic motivation 4. The homeostatic model of motivation and basic motives 5. Psychological motives 6. Social motives
2. EMOTION	7. Introduction to emotional process 8. Basic and secondary emotions 9. Emotions and health

Temporary organization of learning:

Block of content	Number of sessions	Hours
1. MOTIVATION	16,00	32,00
2. EMOTION	14,00	28,00



References

Basic Bibliography

Palmero, F. y Martínez Sánchez, F. (2008). *Motivación y Emoción*. McGraw-Hill.

Reeve, J. M. (2009). *Motivación y Emoción* (5ª ed.). McGraw-Hill.

Reeve, J. M. (2018). *Understanding Motivation and Emotion* (7th ed.). Wiley.

Supplementary Bibliography

Garrido Gutiérrez, I. (Ed.) (2000). *Psicología de la Emoción*. Síntesis.

Greenberg, L. (2000). *Emociones: Una guía interna*. DDB.

LeDoux, J. (1999). *El cerebro emocional*. Ariel.

Palmero, F. y Martínez Sánchez, F. (2008). *Motivación y Emoción*. McGraw-Hill.

Pasantes, H. (2008). *De neuronas, emociones y motivaciones*. FCE.

Sacristán, R. (2020). *Movidos por el amor. Estudio del dinamismo afectivo*. Universidad San Dámaso.