



Information about the subject

Degree: Bachelor of Science Degree in Psychology

Faculty: Faculty of Psychology

Code: 290304 **Name:** Clinical Psychology and of Child-Adolescent Health

Credits: 6,00 **ECTS Year:** 3 **Semester:** 2

Module: CLINICAL AND HEALTH PSYCHOLOGY

Subject Matter: INTERVENTION AND TREATMENT **Type:** Compulsory

Field of knowledge: Health Sciences

Department: Personality Psychology, Treatments, and Methodology

Type of learning: Classroom-based learning / Online

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

CLINICAL AND HEALTH PSYCHOLOGY

Subject Matter	ECTS	Subject	ECTS	Year/semester
PERSONALITY AND PSYCHOPATHOL OGY	18,00	Adult Psychopathology	6,00	3/1
		Child and Adolescent Psychopathology	6,00	3/1
		Psychology of the Personality	6,00	2/2
INTERVENTION AND TREATMENT	12,00	Clinical Psychology and of Child-Adolescent Health	6,00	3/2
		Clinical Psychology of Adult Health	6,00	3/2

Recommended knowledge

Not required



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Describing the main programs of intervention in Clinical Psychology in the infantile-juvenile population.
- R2 Describing the treatment programs of choice for disorders in infancy and adolescence.
- R3 Searching bibliographic information for the elaboration of the different contents proposed in the module.
- R4 Designing and applying an intervention program in infantile-juvenile clinical psychology.
- R5 Elaborating guidelines that allow fostering a person's development.
- R6 Demonstrating following ethical principles, showing initiative and commitment, and updating in any of the areas that the internship focuses on.
- R7 Being able to work in groups and considering the interdisciplinary approach to psychological evaluation and treatment processes.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

SPECIFIC	Weighting			
	1	2	3	4
CE2 Establishing psychological action goals in different contexts, proposing and negotiating the goals with addressees.			X	
CE3 Planning and carrying out interviews.			X	
CE4 Analyzing and measuring variables (personality, intelligence and other aptitudes) and cognitive, emotional, psychobiological and behavioral processes .			X	
CE5 Identifying differences, problems and needs.			X	
CE6 Diagnosing following professional principles.			X	
CE7 Analyzing and assessing interaction processes, group dynamics and group and inter-group structures.			X	
CE11 Analyzing the context in which personal behaviors, group and organizational processes take place.			X	
CE15 Defining objectives and devising action plans according to action goals. (prevention, treatment, rehabilitation, insertion, support).				X
CE16 Choosing adequate psychological intervention techniques.				X
CE17 Mastering strategies and techniques to get adressees involved.				X
CE18 Putting into practice direct intervention strategies and methods: psychological advice, therapy, negotiation mediation...				X
CE21 Planning programmes and intervention assessment.				X
CE23 Analyzing and collecting important data for intervention assessments.			X	
CE24 Analyzing and interpreting assessment results.				X



CE26	Writing oral and written reports.		X		
CE27	Knowing and adapting to the psychology code of ethics.				X
CE30	To know the processes and main stages of psychological development throughout the vital cycle in its aspects of normality and abnormality.			X	
CE34	To know different evaluation methods, psychological diagnoses and treatments in different applied domains of Psychology.			X	
CE37	To know the different specialities of application of Psychology and to have the knowledge necessary to promote quality of life in individuals, groups, communities and organisations in different contexts.		X		

TRANSVERSAL		Weighting			
		1	2	3	4
CT2	Capacity to organize and plan.			X	
CT7	Problem solving.				X
CT8	Decision making.				X
CT9	Capacity to work in team.			X	
CT10	Capacity to work in interdisciplinary teams.			X	
CT13	Understanding multicultural and diverse environment.		X		
CT16	Capacity to develop and update competences, skills and knowledge following professional standards.				X
CT25	Self-criticism ability: being able to critically assess one's performance.		X		
CT36	Being able to collect information using different kinds of sources.				X



Assessment system for the acquisition of competencies and grading system

In-class teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R4, R5, R6	50,00%	Oral and/or written tests employed in initial, training and/or summative student assessment.
R1, R2, R3, R5, R6, R7	35,00%	Presentation of practical activities.
R1, R2, R3, R4, R5, R6, R7	15,00%	Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher.

Observations

In order to pass the course, the student must pass the written tests and the presentation of practical activities.

Online teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5, R6	70,00%	Final evaluation consisting of essay questions and hypothetical scenarios.
R1, R2, R4, R5, R6, R7	5,00%	Submitted tasks
	0,00%	Periodical assessment through questionnaires
R1, R2, R3, R4, R5, R6	25,00%	Attendance and participation in synchronic communication activities.

Observations

Para superar la asignatura el alumno/a tendrá que aprobar por separado la evaluación final y la presentación de las diferentes prácticas. La nota obtenida en la parte aprobada (teórico o práctica) se guardará para la segunda convocatoria.

Las pruebas individuales podrán ser orales o escritas, con formato tipo test, desarrollo o combinación de ambos.

Criterio de concesión de las Matrículas de Honor: Evidenciar niveles de excelencia en todas las competencias y resultados de aprendizaje.



In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M4 Application of interdisciplinary knowledge.
- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.



- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.
- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities. Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.
- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.



IN-CLASS LEARNING

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4, R5, R6, R7	25,00	1,00
PRACTICAL CLASSES Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R1, R2, R3, R4, R5, R6, R7	12,50	0,50
SEMINAR Supervised monographic sessions with shared participation. M6, M8	R1, R2, R4	6,25	0,25
GROUP WORK EXHIBITION Application of multidisciplinary knowledge. M2, M4, M8	R1, R2, R3, R4, R5, R6, R7	6,25	0,25
LABORATORY Activities carried out in spaces with specialized equipment. M2	R1, R2, R4	3,75	0,15
OFFICE ASSISTANCE Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc. M6	R1, R2, R3, R4, R5, R6, R7	3,75	0,15
ASSESSMENT Set of oral and/or written tests used in initial, formative or additive assessment of the student. M7	R1, R2, R3, R4, R5, R6, R7	2,50	0,10
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform M8	R1, R2, R3, R4, R5, R6, R7	40,00	1,60
INDEPENDENT WORK Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform. M9	R1, R2, R3, R4, R5, R6	50,00	2,00
TOTAL		90,00	3,60



ON-LINE LEARNING

SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Virtual session (distance learning) M11	R1, R2, R3, R4, R5, R6, R7	25,00	1,00
Virtual practical session (distance learning) M12	R1, R2, R3, R4, R5, R6, R7	11,25	0,45
Seminar and virtual videoconference (distance learning) M13	R1, R2, R4	6,25	0,25
In-person or virtual assessment (distance learning) M14	R1, R2, R3, R4, R5, R6, R7	2,50	0,10
Individual tutoring sessions (distance learning) M16	R1, R2, R3, R4, R5, R6, R7	7,50	0,30
Discussion forums (distance learning) M18	R1, R2, R3, R4	2,25	0,09
Continuous assessment activities (distance learning) M19	R1, R2, R3, R4, R6	5,00	0,20
TOTAL		59,75	2,39

ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Individual work activities (distance learning) M15	R1, R2, R4, R5, R6	50,00	2,00
Teamwork (distance learning) M17	R3, R4	40,25	1,61
TOTAL		90,25	3,61



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
DIDACTIC UNIT I. Introduction to intervention techniques in clinical psychology and child and adolescent health.	Historical, theoretical and methodological foundations of cognitive behavioral therapy. Skills of the child therapist. Ethical aspects of intervention in children and adolescents.
DIDACTIC UNIT II. Psychological intervention in general and specific disorders in child and adolescent health.	Psychological intervention in general and specific disorders in child and adolescent health: Conduct Disorders, Oppositional Defiant Disorder, Intermittent Explosive Disorder, Attention Deficit Hyperactivity Disorder (ADHD). Attention deficit hyperactivity disorder (ADHD) Emotional disorders: Separation Anxiety Disorder, Specific Phobias, Generalized Anxiety Disorder and Childhood and Adolescent Depression. Transdiagnostic approach Obsessive-compulsive disorder, Selective mutism Elimination disorders: enuresis and encopresis. Autism spectrum disorders, Intellectual disability,



Temporary organization of learning:

Block of content	Number of sessions	Hours
DIDACTIC UNIT I. Introduction to intervention techniques in clinical psychology and child and adolescent health.	4,00	8,00
DIDACTIC UNIT II. Psychological intervention in general and specific disorders in child and adolescent health.	26,00	52,00



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