



## Information about the subject

**Degree:** Bachelor of Science Degree in Psychology

**Faculty:** Faculty of Psychology

**Code:** 292016 **Name:** Psychosocial Intervention in Disasters and Emergencies

**Credits:** 6,00 **ECTS Year:** 3 **Semester:** 1

**Module:** OPTIONAL

**Subject Matter:** Community psychology and social intervention **Type:** Elective

**Field of knowledge:** Ciencias de la salud

**Department:** -

**Type of learning:** Classroom-based learning / Online

**Languages in which it is taught:** Spanish

**Lecturer/-s:**



## Module organization

### OPTIONAL

Subject Matter	ECTS	Subject	ECTS	Year/semester
Health psychology	84,00	-Clinical Neuropsychology	6,00	4/1
		-Disorders of Eating Behavior	6,00	4/1
		-Health Psychology	6,00	3, 4/1
		-Legal Psychology	6,00	4/1
		-Main Models of Intervention in Psychotherapy	6,00	This elective is not offered in the academic year 24/25
		Mediation and familiar orientation	6,00	3/1
		-New Directions in Psychotherapy	6,00	This elective is not offered in the academic year 24/25
		-Prevention and Treatment of Addictive Behavior	6,00	3/1
		-Psychogerontology	6,00	This elective is not offered in the academic year 24/25
		-Psychology of the Chronic Disease and of Rehabilitation	6,00	This elective is not offered in the academic year 24/25
-Psychology, Grieving and Palliative Care	6,00	4/1		



Year 2024/2025

## 292016 - Psychosocial Intervention in Disasters and Emergencies

Health psychology		-Psychopharmacology	6,00	4/1
		Sleeping disorders	6,00	4/1
		-Therapy Techniques and Behavior Modification	6,00	This elective is not offered in the academic year 24/25
Transversal psychology	42,00	Anthropology of the Person and Health	6,00	This elective is not offered in the academic year 24/25
		Basic Social and Emotional Skills for Professional Practice of Psychology	6,00	This elective is not offered in the academic year 24/25
		History and Philosophy of the Family	6,00	This elective is not offered in the academic year 24/25
		-Psychology of Religion	6,00	This elective is not offered in the academic year 24/25
		Psychology, and Information and Communication Technologies	6,00	This elective is not offered in the academic year 24/25
		-Qualitative Research Methodology	6,00	This elective is not offered in the academic year 24/25
		Scientific English II	6,00	This elective is not offered in the academic year 24/25



Year 2024/2025

## 292016 - Psychosocial Intervention in Disasters and Emergencies

Educational psychology	48,00	-Affective Linkages in the Life Cycle	6,00	This elective is not offered in the academic year 24/25
		Development of Cognitive Skills	6,00	4/1
		Education for Interculturality	6,00	This elective is not offered in the academic year 24/25
		Educational Intervention for Students with Special Educational Needs	6,00	This elective is not offered in the academic year 24/25
		-Occupational Guidance	6,00	This elective is not offered in the academic year 24/25
		Preventive Intervention and Early Stimulation	6,00	2/1
		-School Psychology	6,00	3/1
		Strategies and Tools for Effective Learning	6,00	This elective is not offered in the academic year 24/25
		Psychology of work and human resources	42,00	-Cooperative Work in Interdisciplinary Teams
	-Intervention Techniques in Human Resources	6,00		This elective is not offered in the academic year 24/25
	Interview and Psychological Counselling	6,00		This elective is not offered in the academic year 24/25



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Psychology of work and human resources		Management of the Work Climate in Organisations	6,00	3/1
		Mediation and Intervention in Family Businesses	6,00	This elective is not offered in the academic year 24/25
		-Negotiation and Conflict Resolution	6,00	4/1
		-Psychology of Communication	6,00	2/1
Community psychology and social intervention	54,00	Family and Aid to Dependency	6,00	2/1
		Intervention and Organisation of Socio-cultural Events	6,00	This elective is not offered in the academic year 24/25
		-Psychology of Conflict and Violence	6,00	2/1
		-Psychology of Criminality	6,00	3/1
		-Psychology of Physical Activity and Sport	6,00	This elective is not offered in the academic year 24/25
		-Psychology of Social Intervention	6,00	This elective is not offered in the academic year 24/25
		-Psychology of the Media	6,00	This elective is not offered in the academic year 24/25
		Psychosocial Intervention in Disasters and Emergencies	6,00	3/1



Community psychology and social intervention		-Social Support Theory and Strategies	6,00	This elective is not offered in the academic year 24/25
Speech therapy psychology	30,00	Acquisition and Development of Language	6,00	This elective is not offered in the academic year 24/25
		Assessment of Language, Speech and Voice	6,00	0/1
		-Language and Hearing Disorders	6,00	This elective is not offered in the academic year 24/25
		Linguistic Analysis of Language Disorders	6,00	This elective is not offered in the academic year 24/25
		-Speech and Voice Disorders	6,00	This elective is not offered in the academic year 24/25

## Recommended knowledge

Not required

## Prerequisites

El alumno deberá cursar un mínimo de 30 ECTS de Optatividad, entre las asignaturas activadas en el curso académico.



## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Knowing the concepts, theories and main models of Psychology in the community and social intervention context.
- R2 Being able to design intervention plans that are adequate to the different contexts of the community environment.
- R3 Knowing and acquiring the necessary skills for the correct management of the therapeutic relationship



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG1	The ability to work in interdisciplinary teams.				X
CG2	The ability to develop and constantly update one's competencies, skills and knowledge according to the profession's standards.			X	
CG3	Showing interest in the quality of one's performance and being able to develop systems to ensure one's service quality.				X
CG4	Being able to evaluate one's personal performance and knowing one's competencies and limitations.				X

SPECIFIC		Weighting			
		1	2	3	4
CE1	Analyzing needs and requests of addressee functions in different contexts.			X	
CE2	Establishing psychological action goals in different contexts, proposing and negotiating the goals with addressees.			X	
CE3	Planning and carrying out interviews.		X		
CE5	Identifying differences, problems and needs.			X	
CE6	Diagnosing following professional principles.		X		
CE7	Analyzing and assessing interaction processes, group dynamics and group and inter-group structures.			X	
CE8	Identifying group and inter-group problems and needs.				X
CE9	Analyzing and assessing interaction processes, organizational and inter-organizational dynamics and structure.				X





CE11	Analyzing the context in which personal behaviors, group and organizational processes take place.			X
CE12	Selecting and correctly using tools, products and services and identifying those people and group concerned.	X		
CE15	Defining objectives and devising action plans according to action goals. (prevention, treatment, rehabilitation, insertion, support).			X
CE16	Choosing adequate psychological intervention techniques.		X	
CE17	Mastering strategies and techniques to get addressees involved.			X
CE18	Putting into practice direct intervention strategies and methods: psychological advice, therapy, negotiation mediation...			X
CE19	Putting into practice direct intervention strategies and methods in contexts: building healthy environment...		X	
CE21	Planning programmes and intervention assessment.	X		
CE23	Analyzing and collecting important data for intervention assessments.			X
CE24	Analyzing and interpreting assessment results.			X
CE25	To be able to measure and to collect relevant data for the evaluation of the interventions		X	
CE26	Writing oral and written reports.	X		
CE27	Knowing and adapting to the psychology code of ethics.		X	
CE32	To know the psycho-social principles of group operation and of organisations.		X	
CE34	To know different evaluation methods, psychological diagnoses and treatments in different applied domains of Psychology.	X		
CE37	To know the different specialities of application of Psychology and to have the knowledge necessary to promote quality of life in individuals, groups, communities and organisations in different contexts.		X	



TRANSVERSAL	Weighting			
	1	2	3	4
CT1 Capacity to analyze and synthesize.		X		
CT2 Capacity to organize and plan.			X	
CT3 Mastering Spanish oral and written communication.		X		
CT6 Capacity to manage information (capacity to look for and analyze information coming from different types of sources)			X	
CT7 Problem solving.				X
CT8 Decision making.			X	
CT9 Capacity to work in team.				X
CT10 Capacity to work in interdisciplinary teams.				X
CT12 Interpersonal skills.				X
CT13 Understanding multicultural and diverse environment.			X	
CT14 Critical capacity.			X	
CT15 Ethics.				X
CT16 Capacity to develop and update competences, skills and knowledge following professional standards.				X
CT17 Capacity to adapt to new situations.			X	
CT18 Capacity to produce new ideas (creativity).			X	
CT20 Knowing foreign cultures.			X	
CT21 Taking initiatives and enterprising spirit.		X		
CT23 Sensitivity to environmental issues	X			



CT24	Taking responsibility				X
CT25	Self-criticism ability: being able to critically assess one's performance.				X
CT26	Assessing our behavior and knowing our competences and limits.				X
CT27	Capacity to express feelings.				X
CT28	Capacity to overcome possible frustrations.				X
CT29	Interpreting other's intentions.			X	
CT30	Social commitment.			X	
CT31	Sensitivity to problems facing mankind.			X	
CT32	Sensitivity to personal, environmental and institutional injustices.			X	
CT33	Showing concern for the development of individuals, communities and people.			X	
CT34	Professional relationships: being able to build and maintain relationships with other professionals and important organizations				X
CT36	Being able to collect information using different kinds of sources.		X		
CT37	Being able to collect information from other people.			X	



## Assessment system for the acquisition of competencies and grading system

### In-class teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	60,00%	Oral and/or written tests employed in initial, training and/or summative student assessment.
R1, R2, R3	10,00%	Presentation of practical activities.
R1, R2, R3	20,00%	Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher.
R1, R2, R3	10,00%	Group assignments.

### Observations

Final test: multiple-choice exam

The student must pass separately the different evaluation systems (attendance and active participation, practices and exam)' to pass the course.

Criteria for the awarding of Honor Grades "Evidence of levels of excellence in all competencies and learning outcomes"

### Online teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	70,00%	Final evaluation consisting of essay questions and hypothetical scenarios.
R1, R2, R3	5,00%	Submitted tasks
R1, R2, R3	5,00%	Periodical assessment through questionnaires
R1, R2, R3	20,00%	Attendance and participation in synchronic communication activities.



## Observations

Final test: multiple-choice exam

The student must pass separately the different evaluation systems (attendance and active participation, practices and exam)' to pass the course.

Criteria for the awarding of Honor Grades "Evidence of levels of excellence in all competencies and learning outcomes"

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M3 Supervised monographic sessions with shared participation.
- M4 Application of interdisciplinary knowledge.



- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.
- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.
- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities. Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.
- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.



## IN-CLASS LEARNING

### IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
<b>ON-CAMPUS CLASS</b> Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1, M2, M4, M6, M7	R1, R2, R3	90,00	3,60
<b>PRACTICAL CLASSES</b> Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M1, M2	R1, R2, R3	10,00	0,40
<b>SEMINAR</b> Supervised monographic sessions with shared participation. M3, M4	R1, R2, R3	5,00	0,20
<b>GROUP WORK EXHIBITION</b> Application of multidisciplinary knowledge. M4	R1, R2, R3	10,00	0,40
<b>OFFICE ASSISTANCE</b> Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc. M6	R1, R2, R3	5,00	0,20
<b>ASSESSMENT</b> Set of oral and/or written tests used in initial, formative or additive assessment of the student. M7, M8, M9	R1, R2, R3	5,00	0,20
<b>TOTAL</b>		<b>125,00</b>	<b>5,00</b>



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
<b>GROUP WORK</b> Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform M8, M9	R1, R2, R3	15,00	0,60
<b>INDEPENDENT WORK</b> Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform. M9	R1, R2, R3	10,00	0,40
<b>TOTAL</b>		<b>25,00</b>	<b>1,00</b>





## ON-LINE LEARNING

### SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Virtual session (distance learning) M11, M12	R1, R3	80,00	3,20
Virtual practical session (distance learning) M11	R2, R3	5,00	0,20
Seminar and virtual videoconference (distance learning) M11, M13	R1	5,00	0,20
In-person or virtual assessment (distance learning) M11	R1, R2, R3	10,00	0,40
Individual tutoring sessions (distance learning) M11	R1, R2	5,00	0,20
Discussion forums (distance learning) M12	R1	5,00	0,20
Continuous assessment activities (distance learning) M11, M12	R1, R2, R3	10,00	0,40
<b>TOTAL</b>		<b>120,00</b>	<b>4,80</b>

### ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Individual work activities (distance learning) M12	R2	20,00	0,80
Teamwork (distance learning) M12	R2	10,00	0,40
<b>TOTAL</b>		<b>30,00</b>	<b>1,20</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
THEORETICAL FRAMEWORK FOR CRISIS INTERVENTION: EMERGENCIES AND CATASTROPHES	Consciousness of one's own death.Life and death.Basic concepts: crisis, emergencies, disasters and catastrophe.Responses to a catastrophe.Concept of resilience.Primary and secondary victimization.Basic aspects of the Aid Relationship.Psychological needs of victims.Styles of the Helping Relationship.
TYPOLOGY IN CATASTROPHES AND EMERGENCIES IN THE FIELD OF PSYCHOSOCIAL INTERVENTION	Facilitating variables of trauma.Reactions to a disaster.Stages of psychological response to disaster.Evolutionary course of the catastrophe.Immediate reactions.Post-traumatic reactions.Mediators of psychological damage.Types of guilt.Classification of victims.
THE ROLE OF THE PSYCHOLOGIST IN CATASTROPHES AND EMERGENCIES: PROFILE AND PROFESSIONAL COMPETENCES	Profile of the emergency psychologist.Areas of intervention.Principles for immediate intervention.Objectives to be achieved during the accompaniment.Psychologist's functions according to protocol.Phases of the emergency.Levels of intervention.Psychological first aid.Actions of help,Eight steps of intervention.Samples of intervention from experience.
THE INTERVENING PERSONNEL: EMOTIONAL DISTURBANCES AND SELF-CARE STRATEGIES	Impact on the intervener.Typology of the victims.Mediational factors of psychological impact.Normal reactions during and after the intervention.Consequences of the impact.Levels of prevention.Associative reactions to emotional exhaustion.Emotional ventilation techniques: defusing and debriefing.



## COMMUNICATION SKILLS AND ASSISTANCE STRATEGIES IN DISASTER AND EMERGENCY SITUATIONS.

Communication of bad news. Fears of the professional. Communication techniques in emergency situations. Phases of communication in emergencies. Communication of bad news in childhood. Special population: children and elderly. Guidelines for action. Suicide crisis intervention. Suicide intervention strategies. Telephone intervention in suicidal crises. The grieving process. Normal manifestations of grief. Clues to identify unresolved grief. Complications of grief. The tasks of grief.

### Temporary organization of learning:

Block of content	Number of sessions	Hours
THEORETICAL FRAMEWORK FOR CRISIS INTERVENTION: EMERGENCIES AND CATASTROPHES	6,00	12,00
TYOLOGY IN CATASTROPHES AND EMERGENCIES IN THE FIELD OF PSYCHOSOCIAL INTERVENTION	10,00	20,00
THE ROLE OF THE PSYCHOLOGIST IN CATASTROPHES AND EMERGENCIES: PROFILE AND PROFESSIONAL COMPETENCES	15,00	30,00
THE INTERVENING PERSONNEL: EMOTIONAL DISTURBANCES AND SELF-CARE STRATEGIES	10,00	20,00
COMMUNICATION SKILLS AND ASSISTANCE STRATEGIES IN DISASTER AND EMERGENCY SITUATIONS.	21,50	43,00



## References

Robles Sánchez, José Ignacio. Medina Amor, José Luis (2002). Intervención Psicológica en las Catástrofes. Madrid. Síntesis

Cuadernos de Crisis: [www.cuadernosdecrisis.com](http://www.cuadernosdecrisis.com)

Fernández Millán, Juan M. (2005). Apoyo Psicológico en Situaciones de Emergencia. Madrid: Pirámide.

Pacheco Tabuenca, Teresa. (Coord.) (2012). Atención Psicológica en Emergencias. Madrid. Síntesis.

Parada Torres, Enrique. (Coord.) (2008). Psychology and Emergency. Psychological skills in the relief and emergency professions. Bilbao: Desclée de Brouwer.

PSICOEMERGENCIAS-CV WEB: [www.psicoemergenciascv.org](http://www.psicoemergenciascv.org)

SEPADEM WEB: [www.sepadem.com](http://www.sepadem.com)