

Year 2024/2025

1123003 - Psychopathology and psychological treatments

### Information about the subject

Degree: Bachelor of Science Degree in Occupational Therapy

Faculty: Faculty of Psychology

**Code:** 1123003 **Name:** Psychopathology and psychological treatments

Credits: 6,00 ECTS Year: 3 Semester: 1

Module: MEDICAL, SURGICAL AND PSYCHIATRIC AFFECTIONS

Subject Matter: Psychiatry Type: Compulsory

Field of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

1123 María Inmaculada Aragonés Barberá (Responsible

Lecturer)

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## Module organization

#### MEDICAL, SURGICAL AND PSYCHIATRIC AFFECTIONS

Subject Matter	ECTS	Subject	ECTS	Year/semester
Medical-Surgical Conditions	18,00	Medical-surgical conditions I	6,00	2/1
		Medical-surgical conditions II	6,00	2/2
		Medical-surgical conditions III	6,00	3/1
Psychiatry	6,00	Psychopathology and psychological treatments	6,00	3/1
Public Health	6,00	Public health, management and quality of care	6,00	4/2

## Recommended knowledge

Not precise



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#### Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To be able to explain the main explanatory models of psychopathology.
- R2 To be able to describe the main mental disorders of the child, youth and adult population.
- R3 To be able to describe the main predisposing or vulnerable factors for different mental disorders in the infant, young child and adult population.
- R4 To be able to describe the main behavioural intervention techniques applicable in mental health contexts.



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### Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL			We	igh	ting	
		1	2		3	4
CG9	To recognise the determiners of health on the population, the resources and multidisciplinary teams and the intervention actions, maintenance and promotion of health, at an individual level as well as that of community				X	
CG14	To know, select and apply the appropriate theories, the theoretical frameworks for reference, the models and methods of Occupational Therapy practice to choose or re-establish meaningful occupation, according to the health needs of individuals/populations (promotion of health, prevention and treatment).					X
CG15	To cooperate with groups and communities to promote the health and wellbeing of their members through participation in meaningful occupation				x	
CG19	To acquire basic knowledge about management and improvement of the quality of Occupational Therapy services considering the advances in health, social care, society and legislation at local, national and international levels, centred on individuals/populations		X			

SPECIFIC	Weighting
	1 2 3 4
CE59 To know and understand medical, surgical and psychiatric knowledge applicable to the human being in all stages of the cycle of life, from infancy to old age, that allow the students to evaluate, synthesise and apply Occupational Therapy treatments.	of X
CE61 To know, evaluate, analyse, elaborate and participate in educational programmes and promote health within the scope of Occupational Therapy in order to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions, as well as social exclusion.	



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CE62 To synthesise and apply the relevant knowledge of biological, medical, human, pedagogical, psychological, social, technological and occupational sciences, together with the theories of occupation and participation.

X



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# Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
	30,00%	Presentation of group and individual works.
	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

#### **Observations**

The evaluation is continuous and is based on the collection/delivery of evidence of attendance/participation, practical activities and individual and/or group work throughout the semester. All submissions of individual and group work will be made through the UCV VIRTUAL CAMPUS within the deadlines and in the forms specified by the professor of the subject. Late submissions will not be accepted under any circumstances. The assignments that have not yet been submitted will be submitted and evaluated on the official date of the second examination .

In addition, a final theoretical-practical test will be held during the official examination period. The official examination dates are set by the Dean's Team of the Faculty according to the periods established in the academic calendar. For changes to examination dates, please refer to the reasons and procedure in Article 12 of the Examination Regulations. https://www.ucv.es/Portals/0/documentos/normativa/20170526144309926.pdf

Criteria for Award of Distinction: Evidence of excellence in all competencies and learning outcomes.

Note: In order to pass the course, the student must pass the different assessment systems (attendance and active participation, practical/work and examination) separately. Failure to comply with the rules and deadlines set for the completion of academic activities will invalidate the grade.



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In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

#### Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1 ON-CAMPUS CLASS

M2 PRACTICAL CLASSES

M3 SEMINAR

M4 GROUP PRESENTATION OF PAPERS

M5 OFFICE ASSISTANCE

M6 ASSESSMENT

M7 GROUP WORK

M8 INDEPENDENT WORK



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#### **IN-CLASS LEARNING ACTIVITIES**

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge.  M1	R1, R2, R3, R4	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity.	R2, R4	10,00	0,40
M2 SEMINAR: Supervised monographic sessions with shared participation M3	R3	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R2, R4	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, eadings, papers, etc.	R1, R2, R3, R4	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3, R4	3,00	0,12
TOTAL		60,00	2,40



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#### **LEARNING ACTIVITIES OF AUTONOMOUS WORK**

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)	R1, R2, R3, R4	40,00	1,60
INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( www.plataforma.ucv.es )	R1, R2, R3, R4	50,00	2,00
TOTAL		90,00	3,60



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## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

#### Theoretical contents:

Content block	Contents
BLOCK I. INTRODUCTION TO PSYCHOPATHOLOGY	History of Psychopathology Research methods in psychopathology Current qualifying systems
BLOCK II. CLASSIFICATION OF MENTAL DISORDERS ACCORDING TO DSM-5	Neurological Development Disorders Spectrum of Schizophrenia and other Psychotic Disorders Bipolar Disorder and Related Disorders
	Depressive Disorders Anxiety disorders
	Obsessive-Compulsive Disorder and Related Disorders Disorders Related to Traumas and Stress Factors
	Somatic Symptom Disorders and Related Disorders Eating Disorders Sleep-Vigil Disorders
	Personality disorders
	Disorders Related to Addictive Substances and Disorders

### Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I. INTRODUCTION TO PSYCHOPATHOLOGY	8,00	16,00
BLOCK II. CLASSIFICATION OF MENTAL DISORDERS ACCORDING TO DSM-5	22,00	44,00



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#### References

#### **BASIC BIBLIOGRAPHY**

Belloch, A., Sandín, B Ramos, F. (4ª Edición 2024). Manual de psicopatología volumen I y II.

Madrid: McGraw Hill -Interamericana

Perpiñá. C. y Baños, R.M. (2019). Manual básico de exploración psicopatológica. Madrid:

Síntesis

Caballo, V., Salazar, I.C., y Carrobles, J.A. (Dirs) (2014) Manual de Psicopatología y trastornos psicológicos. (2ª edición) Madrid: Pirámide

American Psychiatric Association [APA] (2014). DSM-5. Manual Diagnóstico y Estadístico de los Trastornos Mentales. Madrid: Editorial Médica Panamericana.

COMPLEMENTARY BIBLIOGRAPHY

Obiols, J. (Ed.) (2008). Manual de Psicopatología General. Madrid: Biblioteca Nueva.

Rodriguez Testal, J.F. y Mesa Cid, P.J. (Coord.). (2011). Manual de Psicopatología Clínica.

Madrid: Pirámide.

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