



Information about the subject

Degree: Bachelor of Science Degree in Occupational Therapy

Faculty: Faculty of Psychology

Code: 1123005 **Name:** Community Occupational Therapy

Credits: 6,00 **ECTS Year:** 3 **Semester:** 1

Module: OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter: Areas of Intervention in Occupational Therapy **Type:** Compulsory

Field of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

1123 María De Nazaret Hernández Espeso (**Responsible Lecturer**) nazaret.hernandez@ucv.es



Module organization

OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter	ECTS	Subject	ECTS	Year/semester
General Occupational Therapy	18,00	Activities of daily living	6,00	2/1
		History and Theory of Occupational Therapy	6,00	1/1
		Occupational science and Occupational Therapy fundamentals	6,00	1/2
Areas of Intervention in Occupational Therapy	42,00	Community Occupational Therapy	6,00	3/1
		Functional rehabilitation in physical disability	6,00	3/1
		Occupational Therapy in early care and the educational field	6,00	2/2
		Occupational Therapy in Geriatrics	6,00	4/2
		Occupational Therapy in intellectual disability	6,00	2/2
		Occupational Therapy in Mental Health	6,00	3/2
		Occupational Therapy in physical and sensory disabilities	6,00	3/2



Recommended knowledge

It is recommended to have taken the subjects that belong to the subject of "General Occupational Therapy".

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To understand the theoretical foundations and models of Occupational Therapy that support the action of the Occupational Therapist in community health .
- R2 To design community intervention projects that provide solutions to the realities of the communities, adequately applying the concepts addressed during the course.
- R3 To develop skills for the analysis of the reality of a community from the perspective of Community Occupational Therapy.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG7	To understand and recognise the interrelationship between the concepts of wellbeing, health, significant occupation, dignity and participation.				X
CG10	To evaluate and adapt the environment to promote participation in meaningful occupations -in the different facets of every day life-, personal autonomy and the quality of life				X
CG12	To develop an evaluation of occupational functioning that is adequate for the needs of individuals and populations.				X
CG13	To determine occupational dysfunctions and needs, to define the planning and to establish Occupational Therapy interventions, using the therapeutic potential of meaningful occupation through the use of activities, with the consent and the participation of individuals and populations.				X
CG14	To know, select and apply the appropriate theories, the theoretical frameworks for reference, the models and methods of Occupational Therapy practice to choose or re-establish meaningful occupation, according to the health needs of individuals/populations (promotion of health, prevention and treatment).			X	
CG20	To develop professional practice with respect for other professionals, acquiring group work skills.			X	
SPECIFIC		Weighting			
		1	2	3	4
CE32	To understand the different theories of functioning, personal autonomy, functional adaptation from/to the environment, as well as the intervention models in Occupational Therapy, transferring them to every day professional practice				X



CE33	To promote health and prevent disability, acquire or recover the occupational activity needed in each part of the life cycle in order to achieve independence and autonomy in the areas of occupational activity of those persons who are at risk, those with organ deficiency, activity limitation and participation and/or social exclusion.				X
CE41	To know, evaluate, analyse, elaborate and participate in education programmes and the promotion of health within the scope of Occupational Therapy to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions and social exclusion.				X
CE46	To work in cooperation with other individuals and groups in order to participate actively in occupation, through the promotion of health, prevention, rehabilitation and treatment.				X
CE50	To adapt and apply the process of Occupational Therapy in close cooperation with individuals and populations.				X



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R3	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
R2, R3	30,00%	Presentation of group and individual works.
R1, R2, R3	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

Observations

EVALUATION CRITERIA

·In order to pass the course, the student must pass the different assessment systems separately (attendance and active participation, preparation and presentation of group and individual work and final theoretical-practical test).

·In any case, the student must attend at least 80% of the classroom sessions to pass the course.

·The continuous assessment will be a compendium of evidence of practical participation in the classroom sessions, group and individual work, as well as the presentation of the same, and the development of a final theoretical-practical test (objective test, open questions, etc.).

CRITERIA FOR THE AWARDING OF HONOURS:

·A honourable mention may be awarded to students who have obtained a grade equal to or higher than 9.5 and who have demonstrated excellence in practical activities, as well as in attendance and active participation in class.

·In accordance with the general regulations, only one honourable mention may be awarded for every 20 students, with the exception of groups of less than 20 students in total, in which one honourable mention may be given.



In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 ON-CAMPUS CLASS
- M2 PRACTICAL CLASSES
- M3 SEMINAR
- M4 GROUP PRESENTATION OF PAPERS
- M5 OFFICE ASSISTANCE
- M6 ASSESSMENT
- M7 GROUP WORK
- M8 INDEPENDENT WORK



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R2, R3	10,00	0,40
SEMINAR: Supervised monographic sessions with shared participation M3	R1	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R1, R2, R3	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, eadings, papers, etc. M5	R2, R3	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1	3,00	0,12
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
<p>GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)</p> <p>M7</p>	R2, R3	40,00	1,60
<p>INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)</p> <p>M8</p>	R1, R2, R3	50,00	2,00
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
Unit 1. Community and health	<ul style="list-style-type: none">·Health concept and health determinants.·Community and Community Health Concept.·The occupation as a determinant of health.·Community participation.
Unit 2. Community intervention from Occupational Therapy	<ul style="list-style-type: none">·Principles, strategies and models of community intervention.·Theoretical and practical foundations of Community Occupational Therapy
Unit 3. Intervention Methodology community	<ul style="list-style-type: none">·Reality analysis·Community Action Plan·Community action evaluation
Unit 4. Occupational Therapy in community	The role of the Occupational Therapist in the community intervention approach.
Unit 5. Rehabilitation based on community	<ul style="list-style-type: none">·Rehabilitation based on the community·Differences between Community Occupational Therapy and Occupational Therapy through rehabilitation based in the community



Temporary organization of learning:

Block of content	Number of sessions	Hours
Unit 1. Community and health	4,00	8,00
Unit 2. Community intervention from Occupational Therapy	5,00	10,00
Unit 3. Intervention Methodology community	10,00	20,00
Unit 4. Occupational Therapy in community	8,00	16,00
Unit 5. Rehabilitation based on community	3,00	6,00



References

- Araújo, L. D. S., & Folha, O. A. D. A. C. (2010). Ocupación Humana y la práctica de los terapeutas ocupacionales en la Amazonía en Pará: Una perspectiva fenomenológica. *Rev. chil. ter. ocup.*, (10), 101-111.
- Beristain, C. M., Esquivel, A. P., & Riera, F. (1993). *Afirmación y resistencia: "la comunidad como apoyo"*. Virus.
- Callejo, J. (2015). *Guía de Intervención en drogodependencias en Terapia Ocupacional*. Editorial Síntesis.
- Carmona, M., & Rebollo, Ó. (Eds.). (2009). *Guia operativa d'acció comunitària*. Ajuntament de Barcelona. Acció Social i Ciutadania.
- Freire, P. (2005). *Pedagogía del oprimido*. Siglo XXI.
- Fryer, V., Wright-St Clair, V. A., & Bright, F. (2019). Waiting for community occupational therapy services: A review. *New Zealand Journal of Occupational Therapy*, 66(3), 15-21.
- Janse van Rensburg, E., van der Merwe, T. R., & Erasmus, M. A. (2019). Community outcomes of occupational therapy service learning engagements: perceptions of community representatives. *South African Journal of Occupational Therapy*, 49(1), 12-18.
- Lama, T. C., Fu, Y., & Davis, J. A. (2021). Exploring the ideal practice for occupational therapists on assertive community treatment teams. *British Journal of Occupational Therapy*, 03080226211026558.
- Lindström, B., & Eriksson, M. (2011). *Guía del autoestopista salutogénico: camino salutogénico hacia la promoción de la salud* (Vol. 1). Documenta Universitaria.
- Llena A, Parcenisa A. (2009). *10 Ideas Clave: La acción comunitaria*. Barcelona: Grao.
- Marchioni, M. (1999). Comunidad, participación y desarrollo. Madrid: Editorial Popular, 211.
- Maria Galheigo, S. (2011). What needs to be done? Occupational therapy responsibilities and challenges regarding human rights. *Australian Occupational Therapy Journal*, 58(2), 60-66.
- Méaulle, D. E., & de la Cueva, C. M. F. (2013). El valor de las ocupaciones en prisión: planteamientos éticos y críticos para una intervención transformadora. *Revista electrónica de terapia ocupacional Galicia, TOG*, (17), 2.
- Montero, M. (2003). *Teoría y práctica de la psicología comunitaria. La tensión entre comunidad y sociedad*. Buenos Aires: Paidós.
- Montero, M. (2006). *Hacer para transformar*. Buenos Aires: Paidós.
- Morrison, R., Olivares, D., & Vidal, D. (2011). La filosofía de la Ocupación Humana y el paradigma social de la Ocupación. Algunas reflexiones y propuestas sobre epistemologías actuales en Terapia Ocupacional y Ciencias de la Ocupación. *Revista Chilena de Terapia Ocupacional*, 11(2), 102-119.
- Pérez-Sales, P. (2004). *Psicología y psiquiatría transcultural: bases prácticas para la acción*. Desclée de Brouwer.
- Kronenberg, F., Algado, S. S., & Pollard, N. (2007). *Terapia Ocupacional sin Fronteras: Aprendiendo del espíritu de supervivientes*. Ed. Médica Panamericana.



- PACAP, P. R. (2004). ¿Cómo iniciar un proceso de intervención y participación comunitaria desde un centro de salud?. *De la reflexión a las primeras intervenciones*.
- Pollard, N., & Kronenberg, F. (2008). *A political practice of occupational therapy*. Elsevier Health Sciences.
- Óscar, J. M. O. J. P., & Olivé, J. M. (2005). *Participación y desarrollo comunitario en medio urbano: experiencias y reflexiones* (Vol. 7). IEPALA Editorial.
- Revuelta, C. C. (2000). *Promoción de la salud y cambio social*. Elsevier España.
- Saforcada E, Castella J. (2003). *Enfoques conceptuales y técnicos en Psicología Comunitaria*. Buenos Aires: Paidós.
- Salvador, S., Alejandro, G. C., Fátima, C. O., Sandra María, G., & Solá Angel, G. R. (2016). *Terapias ocupacionales desde el sur: derechos humanos, ciudadanía y participación*. Universidad de Santiago de Chile.
- Simó Algado, S. (2010). El milagro de la acción humana. *Terapia Ocupacional: Revista Informativa de la Asociación Profesional Española de Terapeutas Ocupacionales*, (53), 10-10.
- Vargas L, Bustillos G. (1993). *Técnicas participativas para la educación popular*. Editorial Popular.
- Zango, I. (2017). *Terapia Ocupacional Comunitaria*. Ed. Síntesis.
- Zango, I. (2010). Terapia Ocupacional en Burkina Faso: el viaje de la cultura. *Terapia Ocupacional: Revista Informativa de la Asociación Profesional Española de Terapeutas Ocupacionales*, (53), 32-32.