



## Information about the subject

**Degree:** Bachelor of Science Degree in Occupational Therapy

**Faculty:** Faculty of Psychology

**Code:** 1123007 **Name:** Occupational Therapy in Mental Health

**Credits:** 6,00 **ECTS Year:** 3 **Semester:** 2

**Module:** OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

**Subject Matter:** Areas of Intervention in Occupational Therapy **Type:** Compulsory

**Field of knowledge:** Health Sciences

**Department:** -

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

**Lecturer/-s:**

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## Module organization

### OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter	ECTS	Subject	ECTS	Year/semester
General Occupational Therapy	18,00	Activities of daily living	6,00	2/1
		History and Theory of Occupational Therapy	6,00	1/1
		Occupational science and Occupational Therapy fundamentals	6,00	1/2
Areas of Intervention in Occupational Therapy	42,00	Community Occupational Therapy	6,00	3/1
		Functional rehabilitation in physical disability	6,00	3/1
		Occupational Therapy in early care and the educational field	6,00	2/2
		Occupational Therapy in Geriatrics	6,00	4/2
		Occupational Therapy in intellectual disability	6,00	2/2
		Occupational Therapy in Mental Health	6,00	3/2
		Occupational Therapy in physical and sensory disabilities	6,00	3/2



## Recommended knowledge

Not precise

## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To be able to adequately integrate the various treatment modalities into the Occupational Therapy intervention process to support occupational performance, preferably those that accumulate the most scientific and clinical evidence in each intervention setting.
- R2 To know and identify the main resources for the care of people with mental illness.
- R3 To identify the relevant information provided in a clinical case to elaborate an occupational diagnosis consistent with the available information, which considers the multifactoriality of factors affecting occupational performance.
- R4 To know the basic principles of Occupational Therapy in the area of mental health, as well as its framework in the multidisciplinary work with other professionals.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG5	To know, value critically and use the sources of information in order to obtain, organise, interpret and communicate the scientific, sanitary, socio-sanitary and information, preserving the confidentiality of the data.			X	
CG7	To understand and recognise the interrelationship between the concepts of wellbeing, health, significant occupation, dignity and participation.			X	
CG14	To know, select and apply the appropriate theories, the theoretical frameworks for reference, the models and methods of Occupational Therapy practice to choose or re-establish meaningful occupation, according to the health needs of individuals/populations (promotion of health, prevention and treatment).				X
SPECIFIC		Weighting			
		1	2	3	4
CE34	To carry out an adequate treatment, respecting the different phases and basic principles through therapeutic occupations and based on related knowledge such as the science of occupation, in the different areas of occupational activity, analysing the activity components and the different existing environments and contexts.			X	
CE41	To know, evaluate, analyse, elaborate and participate in education programmes and the promotion of health within the scope of Occupational Therapy to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions and social exclusion.			X	
CE47	To select, modify and apply theories appropriately, practical models of intervention and methods to satisfy occupational and health needs of individuals and populations.			X	



CE48 To use ethical and professional reasoning in an efficient way through the process of Occupational Therapy.

x





## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
	30,00%	Presentation of group and individual works.
	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

### Observations

The evaluation is continuous and is based on the collection/delivery of evidence of attendance/participation, practical activities and individual and/or group work throughout the semester. All submissions of individual and group work will be made through the UCV VIRTUAL CAMPUS within the deadlines and in the forms specified by the professor of the subject. Late submissions will not be accepted under any circumstances. The assignments that have not yet been submitted will be submitted and evaluated on the official date of the second examination.

In addition, a final theoretical-practical test will be held during the official examination period. The official examination dates are set by the Dean's Team of the Faculty according to the periods established in the academic calendar. For changes to examination dates, please refer to the reasons and procedure in Article 12 of the Examination Regulations.

<https://www.ucv.es/Portals/0/documentos/normativa/20170526144309926.pdf>

Criteria for Award of Distinction: Evidence of excellence in all competencies and learning outcomes.

Note: In order to pass the course, the student must pass the different assessment systems (attendance and active participation, practical/work and examination) separately. Failure to comply with the rules and deadlines set for the completion of academic activities will invalidate the grade.



In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 ON-CAMPUS CLASS
- M2 PRACTICAL CLASSES
- M3 SEMINAR
- M4 GROUP PRESENTATION OF PAPERS
- M5 OFFICE ASSISTANCE
- M6 ASSESSMENT
- M7 GROUP WORK
- M8 INDEPENDENT WORK



## IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R1, R3, R4	10,00	0,40
SEMINAR: Supervised monographic sessions with shared participation M3	R2	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R1, R2, R3, R4	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, eadings, papers, etc. M5	R1, R2, R3, R4	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3, R4	3,00	0,12
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>





## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
<p>GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> )</p> <p>M7</p>	R1, R2, R3, R4	40,00	1,60
<p>INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> )</p> <p>M8</p>	R1, R2, R3, R4	50,00	2,00
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

Content block	Contents
BLOCK I. Psychopathological, psychiatric disorders, functioning and occupational participation.	Occupational therapy in mental health: definition and basic theoretical assumptions. Mental illness, functioning and occupational participation. Design, management and organization of occupational therapy departments in mental health.
BLOCK II. Fields of application from Occupational Therapy.	Occupational Therapy in Mental Health Centers. Occupational Therapy in Hospitalization Units. Occupational Therapy in Socio-Community Resources.
BLOCK III. Approaches and intervention techniques from Occupational Therapy.	Occupational evaluation and clinical reasoning in mental health. Planning of the intervention of occupational therapy in mental health. Approaches and types of intervention of occupational therapy in mental health.

### Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I. Psychopathological, psychiatric disorders, functioning and occupational participation.	10,00	20,00
BLOCK II. Fields of application from Occupational Therapy.	8,00	16,00
BLOCK III. Approaches and intervention techniques from Occupational Therapy.	12,00	24,00



## References

### BIBLIOGRAPHY:

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- Durante Molina, P., Moruno Miralles, P. y Noya Arnaiz, B. (2000). Terapia Ocupacional en Salud Mental: 23 Casos Clínicos. Ed. Masson. Barcelona.
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- Moruno, P. y Talavera, M.A. (2011). Terapia ocupacional en salud mental. Ed. Elsevier-Masson.
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- Guía de Práctica Clínica de Intervenciones Psicosociales en el trastorno mental grave TMG (2009). Ministerio de Sanidad y Política Social.