Information about the subject

Degree: Official Master's Degree in Education and Rehabilitation of Addictive Behaviours

Faculty: Faculty of Psychology

Code: 1750004 **Name:** Other Core Problems in Adolescence and Youth

Credits: 3,00 **ECTS Year:** 1 **Semester:** 2

Module: PREVENTION OF ADDICTIVE BEHAVIORS

Subject Matter: Prevention of addictive behaviors. **Type:** Compulsory

Department:

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

CONDUC   Isabel Senabre Arolas **(Responsible Lecturer)**   isabel.senabre@ucv.es

Module organization

PREVENTION OF ADDICTIVE BEHAVIORS

Subject Matter	ECTS	Subject	ECTS	Year/semester
Prevention of addictive behaviors.	9,00	Other Core Problems in Adolescence and Youth	3,00	1/2
		Prevention	6,00	1/1

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

R1   The student is able to learn about and establish meaningful relationships between the specific psychosocial processes of consumption in adolescence.

R2   The student is able to evaluate behaviors and risk factors by defining the relationships between them and the adolescents' processes of change in the context of the groups to which they belong.

R3   The student is able to learn and evaluate the bio-psycho-social mechanisms involved in substance-free addiction and to establish systematic prevention and treatment strategies.

R4   The student is able to assess and intervene in the family and social dynamics involved in establishing and maintaining these behaviors.

Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

BASIC		Weighting			
		1	2	3	4
CB6	Having and understanding knowledge that provides a basis or opportunity to be original in the development and/or application of ideas, often in a research context.		X		
CB8	The ability to integrate knowledge and deal with the complexity of making judgments based on information that, being incomplete or limited, includes reflections on the social and ethical responsibilities linked to the application of their knowledge and judgments.		X		
CB10	Having the learning skills that will allow them to continue studying in a largely self-directed or autonomous manner.		X		

GENERAL		Weighting			
		1	2	3	4
CG2	Capacity for teamwork and effective collaboration with other professionals (with the possibility of working in an interdisciplinary and international context).			X	
CG4	Problem-solving and decision-making skills.			X	
CG5	The ability to adapt to new situations.		X		
CG11	Analysis and synthesis skills.		X		

SPECIFIC		Weighting			
		1	2	3	4
CEM21	The ability to assess family dynamics and identify risk and prevention factors.				X

CEM22	Knowledge of the main guidelines of prevention focused on the family structure.	x			
CEM23	The ability to support the various theoretical models of addiction prevention and health promotion.		x		
CEM24	The ability to identify and evaluate the main socio-structural, psychological and relational factors that act as risk factors for addictive behavior.				x
CEM26	In-depth knowledge of, and ability to develop and evaluate, the various programs and resources for the prevention of addictive behaviors in the educational and community environments, taking into account their structure, purpose, dynamics and specific characteristics.				x
CEM27	Knowledge and ability to enhance the psychosocial processes of construction of self-concept, self-image and self-esteem as well as to apply strategies to assess assertiveness.		x		
CEM29	The ability to assess, diagnose, and intervene in eating disorders and to conduct prevention programs to detect risk behaviors.	x			

TRANSVERSAL		Weighting			
		1	2	3	4
CT3	The ability to update the knowledge and skills related to this framework of action.	x			
CT6	The ability to take responsibility.	x			
CT10	Self-critical attitude, that is, assessing one's own performance by knowing one's own competences and limitations, putting possible frustrations in perspective, showing interest in the quality of one's own performance and developing systems that guarantee the quality of one's own services.			x	
CT12	The ability to maintain relationships with other professionals in order to compare and validate the action guidelines.		x		

Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4	10,00%	ATTENDANCE AND PARTICIPATION IN IN-PERSON SESSIONS
R1, R2, R3, R4	50,00%	OBJECTIVE TESTS
R1, R2, R3, R4	40,00%	THEORY-PRACTICE ACTIVITIES

Observations

CRITERIA FOR THE AWARDING OF HONORS:
Best results from 9.5 in the final grade, and evidencing levels of excellence in objective tests, practical activities, as well as in attendance and active participation in class. In the grading of activities and development questions, both formal and content aspects will be taken into account.In accordance with the general regulations, only one honorable mention may be awarded for every 20 students, not for a fraction of 20; with the exception of groups of less than 20 students in total, in which one honorable mention may be awarded.

OTHER RELEVANT ASPECTS ABOUT THE EVALUATION
In order to pass the course it will be necessary to have passed all the evaluation tests (attendance and active participation, theoretical-practical activities and objective tests) with a minimum grade of 5 (out of 10) in each part. Those students who do not pass one of the two parts will have a grade of Fail. There will be an evaluation test at the end of the course on the day established by the official calendar of exams of the Faculty (50%).

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1   Presentation of contents by the professor, analysis of competencies, explanation and demonstration of abilities, skills and knowledge in the classroom.

M2   Group work sessions supervised by the professor. Study of clinical cases, both real and fictitious. Significant construction of knowledge through student interaction and activity. Critical analysis of values and ethical and social commitment.

M6   Personalized attention and in small groups. Period of instruction and/or orientation carried out by a tutor with the objective of reviewing and discussing the materials and topics presented in the classes, seminars, readings, or completion of assignments, through the distance-learning platform.

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
IN-PERSON CLASS. M1	R1, R2, R3, R4	16,00	0,64
GROUP WORK M2	R3, R4	8,00	0,32
TOTAL		**24,00**	**0,96**

LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
INDIVIDUAL TASKS ON THE PLATFORM M6	R1, R2, R3, R4	51,00	2,04
TOTAL		**51,00**	**2,04**

Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
UNIT 1. ADDICTION TO GAMING, INTERNET, OTHER BEHAVIORAL ADDICTIONS AND RISK BEHAVIORS	Diagnostic criteria DSM 5 and ICD-11: Technoaddictions and cyberviolence Gambling and online gambling Cyberviolence: Sexting, Grooming, cyberbullying, sextortion
UNIT 2. ADDICTION TO SEX AND PORNOGRAPHY	Addiction as a bio-psycho-social maladjustment Addiction to pornography: Definition, ca and characteristics and consequences, therapeutic approaches. Technopornography and pharmacopornography Other behavioral addictions

Temporary organization of learning:

Block of content	Number of sessions	Hours
UNIT 1. ADDICTION TO GAMING, INTERNET, OTHER BEHAVIORAL ADDICTIONS AND RISK BEHAVIORS	7,00	14,00
UNIT 2. ADDICTION TO SEX AND PORNOGRAPHY	5,00	10,00

PI-02-F-16 ED. 00

References

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