



## Information about the subject

**Degree:** Official Master's Degree in General Health Psychology

**Faculty:** Faculty of Psychology

**Code:** 1430022 **Name:** Psychopathology and Family Therapy

**Credits:** 3,00 **ECTS Year:** 1 **Semester:** 2

**Module:** Specific module: Evaluation, diagnosis and intervention in health psychology.

**Subject Matter:** VIII. PSYCHOPATHOLOGY AND FAMILY THERAPY **Type:** Compulsory

**Department:**

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

**Lecturer/-s:**

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## Module organization

### Specific module: Evaluation, diagnosis and intervention in health

Subject Matter	ECTS	Subject	ECTS	Year/semester
VI. PSYCHOPATHOLOGY OF PHYSIOLOGICAL FUNCTIONS	6,00	Psychopathology of Physiological Functions	6,00	1/1
VIII. PSYCHOPATHOLOGY AND FAMILY THERAPY	3,00	Psychopathology and Family Therapy	3,00	1/2
VII. PERSONALITY AND HEALTH	3,00	Personality and Health	3,00	1/2
IV. EVALUATION, DIAGNOSIS AND INTERVENTION FOR CHILDREN AND ADOLESCENTS	9,00	Assessment, Diagnosis and Intervention in Children and Adolescents	9,00	1/1
V. EVALUATION OF AND INTERVENTION IN ANXIETY AND DEPRESSIVE DISORDERS	6,00	Assessment, Diagnosis, and Intervention in Anxiety and Depressive Disorders	6,00	1/1
IX. EVALUATION, DIAGNOSIS AND INTERVENTION IN SEVERE MENTAL DISORDERS	3,00	Assessment, Diagnosis and Intervention in Severe Mental Disorder	3,00	1/2
X. CLINICAL NEUROPSYCHOLOGY	3,00	Clinical Neuropsychology	3,00	1/2



XI. HEALTH PSYCHOLOGY PROMOTION AND INTERVENTION	6,00	Promotion and Intervention in Health Psychology	6,00	1/2
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## Recommended knowledge

The subject Psychopathology and Family Therapy, which is taught in the second semester within the Basic Module: the scientific and professional foundations of Health Psychology. This timing implies having acquired knowledge about psychotherapeutic skills and specific techniques and treatments (basic training), as well as some content related to specific treatments for various pathologies. From there, it will be possible to deepen the understanding of the functioning of the couple, the family, as well as the dysfunctions that occur within them. Proposals for diagnosis and intervention can be managed to increase and develop the therapeutic skills of the students. Prerequisites: None

## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Knowledge and practice of different evaluation and intervention techniques for family and couples therapy.
- R2 The acquisition of basic theoretical knowledge on the psychology of family and partner violence.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG1	Ability to display an attitude of competence and responsibility in both theoretical and practical activities and internal or external practicum.				X
CG8	Ability to develop and remain updated on the competences, knowledge and skills according to the standards of the profession.				X

  

SPECIFIC		Weighting			
		1	2	3	4
CE3	To show interpersonal communication skills and appropriate emotional management for an effective interaction with patients, families and caregivers during the process of problem identification, evaluation, and when communicating the psychological diagnosis, intervention and follow up plans.				X
CE12	To know in depth the psychological nature of human behavior and the social and biological factors that can affect it.				X
CE13	Learn more about the psychological nature of human behavior disorders.				X
CE14	Learn more about the psychosocial factors associated with health problems and disease.				X
CE17	Plan, implement and, when appropriate, monitor the process of psychological evaluation of human behavior and psychological factors associated with health problems to establish the evaluation of them.				X



## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	70,00%	Evaluation through objective multiple-choice test(s) or essay tests.
	20,00%	Delivery of practical activities (problem solving, case studies, diagnostic analyses, etc.) at the end of each session or by the time stipulated by the professor via the platform.
	10,00%	Positive attendance and active participation in class and/or tutorials: Attendance and intervention in class or tutorials with a positive and active attitude.

### Observations

Observations: According to the verified memory of the master's degree, the student must attend at least 70% of the face-to-face sessions of the subject in order to pass it.

**Continuous assessment** will be carried out through active participation in class (theoretical and practical) and the delivery and oral presentation of the practical content of the course.

The **final assessment** will consist of a multiple-choice exam on the subject matter specified by the teacher.

In order to **pass the course**, the student must pass the different assessment systems separately (attendance and active participation, practicals and exam).

**Criteria for awarding Honours:** Evidence of excellence in all competences and learning outcomes.



In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Presentation of contents by the professor, analysis of competencies, explanation and demonstration of abilities, skills and knowledge in the classroom.
- M2 Group work sessions supervised by the professor. Case studies, diagnostic analyses, problems, field study. Significant construction of knowledge through student interaction and activity.
- M3 Supervised monographic sessions with shared participation.
- M4 Written test, delivery of synthesis and research work on the contents learned in the sessions.
- M5 Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or delivered in theory classes, practical classes and/or small group tutorials. Work done on the platform or other virtual spaces.
- M6 Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or delivered in theory classes, practical classes and/or small group tutorials. Work done on the platform or other virtual spaces.



## IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
IN-PERSON CLASS M1	R1, R2	10,00	0,40
PRACTICAL CLASSES M2, M3, M5	R1, R2	14,00	0,56
EVALUATION M4	R1, R2	2,00	0,08
TUTORIALS M1	R1, R2	4,00	0,16
<b>TOTAL</b>		<b>30,00</b>	<b>1,20</b>

## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
INDIVIDUAL WORK M6	R1, R2	45,00	1,80
<b>TOTAL</b>		<b>45,00</b>	<b>1,80</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

Content block	Contents
1. FAMILY THERAPY	<ul style="list-style-type: none"><li>- Systems and evolutionary thinking and family intervention - technical</li><li>- Techniques of Family intervention</li></ul>
2.- COUPLE THERAPY	<ul style="list-style-type: none"><li>- The formation of the couple</li><li>- Couple Therapy</li><li>- Technical assessment and intervention</li></ul>
3. CONFLICT AND VIOLENCE	<ul style="list-style-type: none"><li>- Family violence Dynamics</li></ul>

### Temporary organization of learning:

Block of content	Number of sessions	Hours
1. FAMILY THERAPY	4,00	8,00
2.- COUPLE THERAPY	8,00	16,00
3. CONFLICT AND VIOLENCE	3,00	6,00





## References

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- Andolfi, M., (2018). *Terapia Familiar Multigeneracional: Herramientas y recursos del terapeuta*. Editorial CCS.
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